

### Introduction and Orientation for All Magnetic Health Quarterly Publications

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### FIRST IMPORTANT NOTE

The first 17 pages are introductory in nature and to be found at the beginning of each of Dr. Philpott's works.

It's important that you read and understand these basic principles before you study beyond page 17.

If you are thoroughly familiar with these first 17 pages, and understand their contents, then by all means, start with page 18.

### SECOND IMPORTANT NOTE

All of Dr. Philpott's books, including this one, can be ordered directly from him at 17171 S.E. 29th Street, Choctaw, OK 73020; (405) 390-3009.

Appropriate magnets can also be ordered from the same source. See Magnetic Catalog entitled "Polar Power Magnets" Catalog #18, this site. We've added to this catalog several pages relevant to costs.

Dr. Philpott says that he will be pleased to answer questions by telephone. Information

### and the catalog are free upon request.

### WHAT MAGNETIC THERAPY IS

Magnetic therapy is magnetic-electron-enzyme catalysis therapy. Static magnetic fields move electrons which rotate resulting in a magnetic-electron energy field. Static negative magnetic field electrons spin in a 3-dimensional spiral counterclockwise rotation. In a static positive magnetic field, electrons spin in a 3-dimensional spiral clockwise rotation. A positive magnetic field energizes acid-dependent enzymes. A negative magnetic field energizes alkaline-dependent enzymes. Biological response to a positive magnetic field is acid-hypoxia. Biological response to a negative magnetic field is alkaline-hyperoxia. Alkalinity maintains calcium and amino acid solubility and reverses insoluble deposits of calcium and amino acids in such as arteriosclerosis, spinal stenosis, around joints, amyloidosis, Alzheimer's, etc.

### The energy activation of biological enzymes is magnetic therapy WHAT MAGNETIC THERAPY DOES

The biological response to a static positive magnetic field is acidhypoxia. The biological response to the static negative magnetic field is alkaline-hyperoxia. Positive magnetic field therapy is limited to brief exposure to stimulate neuronal and catabolic glandular functions. Positive magnetic field therapy should be under medical supervision due to the danger of prolonged application, producing acidhypoxia.

Negative magnetic field therapy has a wide application in such as cell differentiation, healing, production of adenosine triphosphate by oxidative phosphorylation and processing of toxins by oxidoreductase enzymes and resolution of calcium and amino acid insoluble deposits. Negative magnetic field therapy is not harmful and can effectively be used both under medical supervision and self-help application.

Some of the values of magnetic therapy are:

- Enhanced sleep with its health-promoting value by production of melatonin.
  - Enhanced healing by production of growth hormone.
- Energy production by virtue of oxidoreductase enzyme production of adenosine triphosphate and catalytic remnant magnetism.
- Detoxification by activation of oxidoreductase enzymes processing free radicals, acids, peroxides, alcohols and aldehydes.
- Pain resolution by replacing acid-hypoxia with alkalinehyperoxia.
- Reversal of acid-hypoxia degenerative diseases by replacement of acid-hypoxia with alkaline-hyperoxia.
- Antibiotic effect for all types of human-invading microorganisms.
- Cancer remission by virtue of blocking the acid-dependent enzyme function producing ATP by fermentation.
- Resolution of calcium and amino acid insoluble deposits by maintaining alkalinization.
- Neuronal calming providing control over emotional, mental and seizure disorders.

"Magnetic therapy has been observed to have the highest predictable results of any therapy I have observed in 40 years of medical practice."

William H. Philpott, M.D.

### ABOUT WILLIAM H. PHILPOTT, M.D.

William H. Philpott, M.D. has specialty training and practice in psychiatry, neurology, electroencephalography, nutrition, environmental medicine and toxicology.

He is a founding member of the Academy of Orthomolecular Psychiatry. He is a fellow of the Orthomolecular Psychiatric Society and the Society of Environmental Medicine and Toxicology, and life member of the American Psychiatric Association.

Between 1970 and 1975, he did a research project searching for the causes of major mental illnesses and degenerative diseases, which resulted in the publication of the books, *Brain Allergies* and *Victory Over Diabetes*.

Retiring in 1990 after 40 years of medical practice, he has engaged in research as a member of an Institutional Review Board, which follows FDA guidelines. In this capacity, he guides physicians and gathers data on the treatment and prevention of degenerative diseases using magnetic therapy.

The Linus Pauling Award was presented to William H. Philpott, M.D. in 1998 by the Orthomolecular Health Society, "for his scientific leadership and scholarship spanning the entire history of orthomolecular medicine."

Dr. Philpott says, "When I graduated from medical school, the guest speaker stated, "We have taught you what we know. It may well be that half of what we have taught you is not so. But we don't know which half is so and which half is not so". I learned so much in medical school that I was proud of my acclamation of knowledge. Was this speaker for real or simply a learned clinician acting out a false humility? As I marched down the aisle of graduation from medical school, I was proud of my increased amount of knowledge I had gained. I was especially proud of knowing about medications that were known to relieve headaches. Surely among these medications for headaches was an answer for my mother's headaches. I thought that now I have a solution to the lonely hours I spent as a preschooler while my mother was in bed in a dark room. I was all alone wondering how I could help my mother.

"I specialty trained in neurology and psychiatry and had a flourishing practice in these specialties. After fifteen years of practice, I began to wonder why we had so few answers that worked. There was shock treatment for severely ill patients. I gave over 70,000 of these. There were tranquilizers emerging in the late 50's and early 60's. I used these by the bushels on my mental patients. The efficiency was low and the side effects of tranquilizers were astoundingly frightening. One tranquilizer in an ad in a medical journal claimed less side effects than another tranquilizer and yet it took one-half page of fine print to list the side effects of this proposed better tranquhizer.

"I had six therapists (psychologists, social workers and sociologists) seeing my patients in individual and group therapy. The level of results in schizophrenia and manic-depressives was especially discouraging. In the early 60's, behaviorism came to the rescue in helping some neurotics in the ability to train out their symptoms. What about psychosis for which behaviorism had little help? Electric shock proved to have some temporary help. Tranquilizers were of minor help and the side effects were appalling. Obviously, our system was often even making our patients develop physician-induced illnesses. This was particularly troubling with a five-fold increase in maturity-onset diabetes mellitus when using tranquihizers. Were there answers not learned in residency training that we were ignoring?

"In my third year of medical school in 1949, while attending a small group session at Los Angeles County General Hospital, an allergist made the observation about a patient with anxiety whom he fasted for five days during which her anxiety symptoms left. When he exposed her to a test meal of one of her frequently eaten foods, her anxiety returned. He asked, what is the diagnosis? I was studying medicine with the expressed pur-

pose of becoming a psychiatrist. I spoke up, giving the diagnosis of anxiety-neurosis. He said,"No. This is a food allergy". The rumor was that this allergist had ideas that most of my instructors did not agree with. I dismissed his diagnosis until twenty years later (1969).

"In my second year of psychiatric residency training, I read the book *Neurosis* by Walter Alvarez, M.D. In this book, he describes headaches and many symptoms of neurosis and psychosis occurring during deliberate food testing. I could not believe this. I thought Dr. Alvarez made a fool of himself. After all, he was an internist, not a psychiatrist and why was he dabbling into psychiatry. I dismissed his observations and didn't look at this book again for 16 years. I was wrong for ignoring him.

"I learned behaviorism from Joseph Wolpe, M.D. He and I shared the opinion that schizophrenia must be organic in origin. In 1965, he sent me an article by Theron G. Randolph, M.D.

"Amazingly, Dr. Randolph described many mental and physical symptoms as disappearing on a five day fast and reemerging during food tests on deliberate food tests of single foods. I set this article aside as impossible.

"In 1969, I was a consultant to a boarding school of some 100 socially and educationally disordered adolescents. I was responsible for a neurological and psychiatric examination on each student. One-third either were or had been psychotic. Saul Klotz, M.D. Internist-Allergist was responsible for their physical needs. He proposed to me that we do a double-blind study to determine the extent to which food allergies and non-allergic hypersensitive reactions related to their numerous symptoms. Together we did a double-blind study using food extracts. The results were overwhelmingly positive. I now had to consider how wrong I had been by ignoring the evidence that had come to me through the years concerning maladaptive reactions to foods and symptom-production.

"I was invited by a private psychiatric hospital to set up a study to determine the causes of schizophrenia. Based on the double-blind study of Saul Klotz, I initiated a study of the relation of foods to symptoms in my mental patients. To this, we added a nutritional survey and a survey for infectious agents. This research followed the advice of Theron G. Randolph, M.D. of a five day fast preceding food testing of single foods. This study resulted in the publication of two books, Brain Allergies and Victory Over Diabetes. From 1970 through 1990, I tested thousands of both psychiatric and non-psychiatric patients with a five day fast followed by deliberate food testing. The patients were monitored for pH changes and blood sugar changes. Viruses, especially Epstein-Barr, cytomegalovirus and human herpes virus #6 emerged as being consistently in our mental patients and those with more serious physical symptoms. All patients maladaptively reacting to foods had some degree of carbohydrate disorder. Maturity-onset diabetes emerged as the end result of prolonged reactions of food addiction. The brain/ gut relationship was obvious.

"Therefore, during my testing I observed many minor to major gut reactions to foods. In 1973, a schizophrenic young man entered my research program. His father, president of a bank in Houston, was so impressed by his son's recovery that he proposed a \$4,000,000 research program using my method of treatment. This money was to be provided to the medical school at Galveston over a four year period. I was invited to Galveston to do the project. However, I was satisfied with my current research program and decided not to move to Galveston for it. I went to Galveston and explained my system of diagno-

sis and treatment of psychotics. The medical school accepted the \$4,000,000.

"To my amazement, they didn't do anything I had outlined. Instead, they diverted the money to other projects but did do a Rossette test on a few schizophrenics. The results are published in the book, *The Biology of the Schizophrenic Process* edited by S. Wolfe. The conclusions from the Rossette test is that schizophrenia is either an immunologic reaction or a viral infection since both of these look the same on the Rossette test. This did confirm my findings but disappointingly, did not pro-vide a statistical value of my treatment.

"It is a strange phenomena that there is inherently a resistance for doctors to recognize the relationship between foods and the development of both acute symptoms and chronic degenerative diseases. Some say they are waiting for more evidence such as more double-blind studies or the resolution of conflicting data. It appears to me that this waiting for evidence which really is already here in abundance, is not really the central problem.

"The problem is that it is hard for doctors to change their behavior once they have learned a comfortable set of routines. Doctors, by and large, have obsessive-compulsive personalities. This serves them well in their massive amount of learning that they need to do during medical school and residency training, however, it also serves as a handicap in making changes. The physician becomes comfortable with a set of routines and uncomfortable with making any changes. Also, there are outside pressures such as, if a specialist changes his routines, he will lose some of his referral resources. Physicians, for many reasons, find it difficult and anxiety-producing, to make changes. In my opinion, this mediates against progress more than any other thing.

"The addition of magnetic therapy to my ecology and infection program became a natural. It had been demonstrated by Albert Roy Davis that a negative (south-seeking) magnetic field both alkalinizes and oxygenates the biological system. I had already determined by my monitoring that symptom-producing reactions to foods or chemicals was acidifying and oxygen-reducing. I used alkalinizing agents such as soda bicarbonate and oxygen to relieve symptoms. I found that a negative (south-seeking) magnetic field was more predictable in relieving symptoms than alkalinization with soda bicarbonate. I had demonstrated that degenerative diseases were simply the extensions in time of the acute reactions in which the disordered chemistry of the acute reaction and of the chronic disease having the same symptoms was identical. It became logical then to extend the time of the application of a negative (south-seeking) magnetic field to reverse and heal degenerative diseases along with avoiding the foods, being well-nourished and treating the viral infections. I was delighted to find that a negative (south-seeking) magnetic field will kill microorganisms whether they are viruses, fungi, bacteria, parasites or cancer cells. Gastrointestinal disorders encompass diseased conditions of the entire gastrointestinal tract (gastrointestinal) from mouth to anus and in organs associated with the gastrointestinal tract such as the gallbladder, liver, and pancreas, emptying excretory contents into the gastrointestinal. The diagnostic classification of these gastrointestinal disorders encompass such as 1) infections, 2) immunologic reactions, 3) the minor gastrointestinal reflux states and irritable bowel disorders as well as the major inflammatory bowel diseases (celiac disease, Crohn's disease and ulcerative colitis).

"Viral infections, especially noted as herpes simplex I

with lesions on the lips and mucous membrane of the mouth, chronic bacterial infections of the mucus membrane of the mouth and the gums around the teeth, and acute bacterial infections of the mouth and throat such as acute streptococcus infection. The esophagus can be acutely or chronically infected the same as the mouth. The stomach and duodenum can be infected with helicobacter pylori producing ulcers. The gall-bladder and pancreas can be acutely or chronically infected with microorganisms. The liver can be acutely or chronically infected with microorganisms, especially noted is viral hepatitis. Cirrhosis of the liver can develop secondary to these infections and or due to the processing of toxins. The anus and adjacent colon can be infected with microorganisms. The small and large colon can be infected with viruses, bacteria, fungi and parasites.

"There are several specific identifiable bacteria that can cause diarrhea and inflammation of the colon. There are specific antibiotics useful in killing these bacteria. My objective observation is that a negative (south-seeking) magnetic field can kill all types of microorganisms (viruses, bacteria, fungi and parasites). This fact is fundamental in understanding the value of magnetic therapy. It is logical to use antibiotics specific for each infection. Magnetic therapy using a negative (south-seeking) static magnetic field and colloidal silver providing a negative (south-seeking) static magnetic field can be used along with the specific antibiotics or used without the antibiotics."

### William H. Philpott, M.D.'s Response upon receiving the Linus Pauling Award

"I really thank you a lot for this. I just wanted to say that Linus Pauling was a friend of mine and he wrote the foreward to my book, *Brain Allergies* and I thought I would just read a little bit of this so that you would see his attitude towards my work."

"The concept that a change in behavior and in mental health can result from changing the concentrations of various substances that are normally present in the brain is an important one. This concept is the basis of orthomolecular psychiatry, a subject that is treated in considerable detail by Dr. William Philpott and Dwight Kalita in their book, *Brain Allergies*. The other general concept, also a closely related one, is that of human ecology. The idea is that substances in our environment can have a profound effect on mental health and behavior. These can be introduced into the environment as a result of our technical culture."

"I just wanted you to realize that Linus Pauling did appreciate ecology and nutrition both, and said so in this forward to my book. We shared that as a common interest. I have been the one that was responsible for introducing ecology to orthomolecular medicine and the orthomolecular ideas to ecology medicine. I have been a catalyst in getting orthomolecular medicine and environmental toxicology medicine together. This organization needs to, and is, furthering the interest of Linus Pauling and this very important focus in medicine. It will make a difference and I want to congratulate all of you for this interest; keep it growing because it will become a more substantial part of medicine."

### **Ethics of Magnetic Diagnosis and Therapy**

Magnetic instruments that have been cleared by the FDA and can make claims of <u>value</u> within the limits of their clearance — these FDA cleared instruments include but are not exclusive to MRI, XOMED hearing aid, TENS class of instruments, diapulse, nerve testing instruments, Magneto encephalogram, Magneto cardiogram, etc. Industrial magnets have not been cleared as medical instruments and cannot claim cure for any condition or disease. Research is in process to enlarge the scope of claims of value of magnetic therapy. The person using magnets to treat a disease needs to become party to a medical supervised magnetic research project. The

### Depth of Penetration / Gauss Field Strength

Antibiotic and anti-cancer therapy require a minimum of 25 gauss. The higher the gauss strength, the more therapeutic.

All measurements are made at the center of the product

Product	Surface	1/2"	1"	11/2"	2"	3"	4"	6"	8"
14" x 25" Multi-	324	100	40	25	15	12	10	8	6
14" x 25" Multi- Purpose Pad w/ a 4" x 6" x 1/2"	450	190	112	80	60	40	25	15	10
Mega-Field	70	25	15	8	6	5	4	3	-
4" x 6" x 1/2"	280	230	180	140	112	70	45	23	15
4" x 6" x 1"	525	450	355	275	210	125	75	35	25
Power Disc	840	375	135	65	30	16	10	4	-
Mini Block	730	260	98	44	23	7	3	-	-
Low-Profile	1250	325	86	29	15	5	-	-	-
<u>Two</u> stacked Low-Profile	2130	550	145	50	20	10	3	-	-
Soother Flex Mat	135	35	20	15	10	4		-	•
Deep Penetrating	200	70	40	30	23	15	10	5	-
Deep Penetrating Soother Flex Mat w/ 4" x 6" x 1/2"	400	245	180	135	105	65	37	15	7
2 - 4" x 4"	100	89	68	48	34	13	6	-	-
4 - 4" x 4"	210	180	140	94	65	32	13	4	~
Bed Grid**	25 Gau	ss at 2	3" aboy	e the b	ed -	-	-	-	
Super Hat	-	-	-	-	-	-	65*	-	

<sup>\*</sup>This is a measurement taken at the equidistant center inside of the hat. All other measurements are unnecessary.

†Measurements were made with a GM-1A Gauss Meter, Manufactured by Applied Magnetics Laboratory - Baltimore, MD

<sup>\*\*</sup> The 70-magnet Bed Grid supplies a therapeutic value magnetic field of 25 gauss up to 18" away from the surface of the bed.

magnets used as described in *The Magnetic Health Quarterly* are industrial magnets for which no claim of cure of disease is made. The application of industrial magnets for sleep and pain is a popular self-help application. The magnetic treatment of diseases demands medical supervised diagnosis and treatment in link with a research institutional review board following FDA guidelines for research. William H Philpott, M.D. presents his observations, theories, research protocols and answers to questions for consideration in the hopes of making progress in the application of Magnetic Therapy. Those interested in becoming party to the magnetic research project should contact William H. Philpott, M.D. The goal of research is to firmly establish magnetic therapy as a part of traditional allopathic medicine, which will popularize the application of and provide for insurance coverage for magnetic therapy.

Those choosing to proceed with use of magnets for medical purposes without medical supervision do so on their own responsibility. There is no restriction of the purchase of magnets for whatever reason they are used. There is no restriction on the writing, releasing, acquiring or purchasing of information about magnets.

#### Disclaimer

I do not claim a cure for any degenerative disease or even guarantee relief of pain or insomnia by means of magnets. My only claim is that there is evidence justifying a definitive controlled research project following Federal Food and Drug Administration (FDA) guidelines to determine the value and limitations of magnetic therapy. These guidelines require a physician diagnosis and physician monitoring under the supervision of a Scientific Institutional Review Board. The application of magnetic fields to humans has been approved by the FDA, which were based in part on toxicity studies, and has been classified as "not essentially harmful".

### How Dr. Philpott Changed His Medical Practice

This Magnetic Health Quarterly represents my personal focus on health maintenance and disease reversal that has developed from my four years of basic medical school education. specialty training in neurology, psychiatry, allergy-immunology, forty years of medical practice, and my post-retirement research that guides physicians in an examination of the values of static magnetic field application to prevent and reverse degenerative diseases. I am proud to be a medical physician and I am convinced that medical science has a central truth about health maintenance and disease. The improvement in medical practice during my period of practice and observation has been tremendous. Beyond the progress what can and what should we incorporate in established scientific knowledge to the practice of medicine? This Magnetic Health Quarterly is involved with what I have observed that has been largely ignored or left out in spite of the abundance of information on the respective subjects. I have systematically recorded my observations concerning these neglected areas.

The public, through their congressional representatives have mandated the National Institutes of Health to widen its scope of research to include promising alternative areas beyond the current traditional application of medical science. This is a wise move since there are valuable alternative areas that have been neglected or ignored. To fulfill its mandated obligation, the National Institutes of Health have appointed advisory committees in important scientific areas to provide guidelines for research. One of the advisory committees is the Electromagnetic Committee, which includes five Ph.D. physicists, and two M.D.'s knowledgeable in electromagnetics. The two M.D.'s are Robert 0. Becker, M.D. and myself. Based on the recommendations of this committee, research projects financed by NIH grants are in process.

Biochemistry has become more readily understood than biophysics. Biochemistry has developed many promising, symptom-relieving agents and synthetic replacements for the failing human system. Biochemistry has helped us come to understand the role of nutrition, the role of oxygen, and the roles of many, many more necessary biochemical functions of human metabolism. There are great economic rewards for those marketing these valuable biochemicals. Biophysics has more slowly progressed in its medical applications. The current medical horizon holds the promises of biophysics being equal to or even superior to the therapeutic values of biochemistry. This emerging promise of values especially relates to the biological responses to magnetic fields. The values of biological responses to heat and cold have been well incorporated into physical medicine while the biological responses to magnetic fields has been neglected.

The biological response to magnetic fields has been, to a considerable degree, a mystery until recently. Medical science has been using magnetism without knowing it was using magnetism. Examples are such as electro-convulsive therapy used in mental illness. We can now understand that electricity produces magnetic fields. For example when an electric current produces a high neuronal exciting positive (north-seeking) magnetic field it produces a seizure, following which the brain switches its magnetic polarity from a usual positive (north-seeking) to a negative (south-seeking) magnetic field for a few minutes. This electromagnetic-produced general anesthesia calms neuronal functions and relieves mental symptoms. The thousands of enzyme catalytic reactions occurring in human physiology are energy-driven by magnetic fields. By understanding magnetic field energy enzyme catalysis, we no longer assume some mysterious, spontaneous enzyme catalysis, but instead, with this new knowledge, magnetic fields can be harnessed to energy-drive specific desired enzyme catalysis. Thus, a static negative (south-seeking) magnetic field can be arranged to produce melatonin and growth hormone during sleep. A static negative (south-seeking) magnetic field can be harnessed to enzymatically produce adenosine triphosphate (ATP) and reverse the inflammatory consequences of oxidation reduction endproducts (free radicals, peroxides, acids, alcohols and aldehydes) in which oxygen is released from its bound state in these inflammatory products.

It is universally true that no one wants to admit that they have symptoms from the favorite foods they are eating. They ask, how could a food that makes me feel good when I eat it, make me sick 3 or 4 hours later? To most people, this is unbelievable. Physicians are, equally with their patients, resistant to accepting maladaptive reactions to foods as a cause of their symptoms. The physician is taught to look everywhere else than foods and also if it is foods there is likely little or nothing that can be done about it, thus, symptoms produced by maladaptive reactions to foods is a grossly neglected area in therapeutic medicine.

A significant aspect of this dilemma of dismissing food reactions as causes of acute symptoms and degenerative diseases is inherent in the change that occurred in the 1920's when antibodies and complement disorders were discovered. Up to that time, an allergic reaction was simply a symptom production by an exposure to a substance. After this discovery of isolatable immune mechanisms as an explanation for allergy, allergic reactions lost their mystery. They went from no known cause to known immunologic causes. In terms of symptoms from food reactions, those without discernable immunologic

factors were dismissed as imaginary or psychosomatic and so forth. Only in more recent years, has there emerged evidence of non-immunologic causes of symptoms from foods. These are now being referred to as non-immunologic sensitivities or addictions. The resistance to accept food reactions as the cause of symptoms remains only in the minds of patients and physicians alike.

In the 1940's, Albert Rowe, M.D., Allergist, of San Francisco, observed the relationship of non-immunologic food reactions producing symptoms. He used an initial avoidance followed by a rotation diet to handle these symptoms. In 1950, I attended, along with a dozen other senior medical students, a presentation by Alfred Rouse, M.D., an Allergist. He presented a case of a woman who became anxious when given a specific food. He asked our class, "What is the diagnosis?" I was studying medicine with the specific intention of becoming a psychiatrist. I answered his question with, "This is an anxiety neurosis." He rejected my diagnosis and to my surprise, maintained pleadingly, that an allergic reaction was involved. At the time, all I obtained from this was that he had ideas that were different than most of my instructors and therefore, I dismissed his hypothesis.

In 1952, while a resident in psychiatry, I read a book written by Walter Alvarez, M.D. entitled, *The Neuroses*. I was interested in what this honored internist at Mayo Clinic was saying about neuroses. Surprisingly, he devoted several pages to describing headaches, dulled brain function and emotional reactions to many different types to food reactions. At the same time in my residency training, all of my instructors were completely ignoring these possibilities. At the time, I thought Dr. Alvarez had made a fool of himself. He wasn't a psychiatrist. Why would he be drawing all of these conclusions that had a bearing on psychiatry?

In 1966, my friend Joseph Wolpe, who is referred to as the father of behaviorism, sent me a paper by Theron G. Randolph, M.D. In this paper, Dr. Randolph described fasting patients for five days and when feeding them meals of single foods, many symptoms emerged including the major symptoms of schizophrenia, manic-depression and neuroses. At the time, I thought this was impossible and I set the paper aside. It was four years before I read this paper again.

In 1970, I was a consultant to a school treating adolescents who were socially and educationally disadvantaged. Saul Klotz, M.D., Allergist, proposed that we do a double-blind study on these patients to see if any of their symptoms related to food reactions. This double-blind study was overwhelmingly positive, and from this I was encouraged to initiate a five-year study into the relationship between reactions to foods, chemicals and inhalants to mental symptoms. This resulted in my book, Brain Allergies. I was encouraged to do this project by Theron G. Randolph. I reviewed the writings of Herbert Rinkle, Frederick Spears, Walter Alvarez, Howard Rappaport and others. Marshall Mandell spent one day a week for five years supervising my examination of my patients. I followed Theron G. Randolph's method of fasting for five days followed by test exposures to single foods for the next month. The evidence was overwhelming. This study confirmed the allergists who had made observations of the emergence of emotionally and even mentally disordered symptoms due to food reactions, chemicals and inhalants.

Quite unexpectedly, I made another observation that resulted in my book, *Victory Over Diabetes*. The maturity-onset diabetic patients among my mental patients, not only had the

clearance of their mental symptoms but also the reversal of their diabetes. It became clear that maturity-onset; non-insulin type diabetes mellitus is the product of food addiction. John Potts followed up on this with four excellent statistical studies all of which were published in the abstract issue of the Journal of Diabetes. There then followed what to me is a strange phenomenon. Even though this work was done the right way and published in the right place, it had no serious impact on the practice of medicine. Here I had demonstrated conclusively that maturity onset diabetes is due to food addiction and that a 4-Day Diversified Rotation Diet routinely reversed diabetes mellitus and that following such a diet prevented the development of diabetes mellitus. Yet, it was virtually ignored. This again, shows how difficult it is to establish a new system of therapy. You are met with all the resistance of the already established method, even though a new method is demonstrated to be superior.

It is a strange phenomenon that in spite of this knowledge about maladaptive reactions to foods and the role of addiction in these foods, we still have numerous diets to reduce weight or to treat diabetes, which ignore food addiction as the driving force of the compulsion to eat specific foods and overeat. Diets that do not honor and properly treat food addiction drives the person, first of all, into the early stage of the diabetes mellitus disease process such as hypoglycemia and the later stage of hyperglycemia given the diagnostic name of diabetes mellitus type II. Properly engineered, the 4-Day Diversified Rotation Diet with the help of magnets initially relieves the symptoms of addiction so the person is comfortable while overcoming their addiction, help in retraining the compulsion to overeat will not only manage obesity but also prevent or reverse type II diabetes mellitus. It is known that approximately 80% of patients, at the time they are diagnosed as having maturity onset-type diabetes mellitus Type II, are obese. It was interesting for me to observe that the reversal of the diabetes mellitus in my patients was not dependent on weight reduction. The diabetes mellitus disappeared within five days as soon as the subject had gone through the food addiction withdrawal phase. There was, at that time, no time for weight reduction to have occurred. Obesity is a stress and should be reversed but it is not obesity as such that makes the person diabetic. It is food addiction.

## THE THERAPEUTIC SIGNIFICANCE OF NEGATIVE MAGNETIC POLARITY AND NEGATIVE ION POLARITY HOW NEGATIVE IONS ARE FORMED IN NATURE

The atmosphere, and even within biological systems, is flooded with free static field electrons. There are electromagnetic conditions both in the atmosphere and within biological subjects which turn these static electrons to have either a positive or a negative polarity. In the positive polarity, the electrons are spinning clockwise. In the negative polarity, the electrons are spinning counter-clockwise. The activated electrons attach to particles that are available and produce ions, either positive or negative. Before and during a storm, the atmosphere is flooded with positive ions. The biological response of both animals and people to these positive ions is well-documented as producing tension, anxiety, depression and in cases of predisposed illnesses, physical or mental, the symptoms of the illness are worsened. After a storm is over, then the atmosphere is flooded with negative ions in which both animals and people respond with a sense of comfort and symptom-reduction.

In many parts of the earth, there are waters that have been known for their healing value. A volcanic mountain is a negative magnetic field and is in fact, a magnet. The volcanic mountain is a negative

magnetic field and the molten mass beneath the volcano is a positive magnetic field. Water that filters down through the volcanic ash of this negative magnet mountain carries a negative ion charge. Characteristically, there are 70+ minerals that are low atomic weight minerals which become negative ions in which negative counter-clockwise spinning electrons attaches to the minerals. This is a stable situation in which when the water with its minerals is removed from the mountain, it remains composed of negative ions. At this same time, the water is always alkaline and is micro water in which the water is in smaller units than water that does not have negative ions. It is important to observe that a volcano and its molten mass below is indeed a magnet, the same as the magnets that are made industrially with negative and a positive magnet field. It is important to note that this negative magnetic field itself of the negative pole of the volcanic mountain charges the low atomic weight minerals to be negative ions. In the same order the negative magnetic field of an industrially produced magnet makes negative ions.

### HOW NEGATIVE IONS ARE FORMED BY ION GENERATORS AND BY STATIC MAGNET- FIELDS

Electrolysis-type ion generators can be arranged to release into the air only negative ions. Thus a house can be flooded with negative ions with health values. The negative magnetic field of a static field magnet can be used to produce negative ions. The negative magnetic field of a static field magnet activates electrons to be spinning counterclockwise. Although the magnet field is static, the electrons in the field are activated and thus are not static. Thus, a static negative magnetic field is indeed an energy field with movement spinning of the electrons in that field. A negative magnetic field is a source of electro magnetic energy in terms of a biological response. Thus, sitting a glass of water on the negative magnetic field of a static field magnet will electromagnetically charge up the water to have negative ions of both the mineral content and other particles in the water. Placing nutrients on the negative magnetic field of a static field magnet will charge up the nutrients to be electromagnetic charged negative ions.

## THE SIGNIFICANCE OF NEGATIVE MAGNETIC POLARITY OF A STATIC FIELD MAGNET AND NEGATIVE IONS IN WATER, AIR AND NUTRIENTS NEGATIVE ION CHARGED

The biological response to a negative electromagnetic polarity, whether from a static field magnet or negative ions is that of alkaline-hyperoxia. The biological response to a positive static magnetic field and positive ions is acid-hypoxia. Much is known of the significance of alkaline-hyperoxia maintaining health and acid-hypoxia toxicity producing degenerative diseases. It is health-promoting for us to drink water from a natural source such as the volcanic source which has turned the water into alkaline micro negative ion water or the water treated by an electrolysis unit producing alkaline micro negative ion water or placing the water on the negative field of a static field magnet. It is wise to flood the air of our homes with negative ions from a negative ion generator. It is health-promoting and disease-reversing to use all sources of negative magnetic fields and negative ions to keep ourselves well and reverse our acid-hypoxic toxic diseases.

The negative magnetic field of a magnet provides the optimal therapeutic value for body treatment. Treatment of air, water and nutrients are a valuable adjunct to magnet therapy.

Negative electromagnetic polarity is the energizer of oxidoreductase enzymes which make adenosine triphosphate which is the body's central enzyme energizer and the central metabolic detoxifier

### STATIC MAGNETIC FIELD SOURCES FOR PRODUCING NEGATIVE IONS OF WATER AND NUTRIENTS

(See Polar Power Magnets Catalog)

• One 4" x 6" x 1/2" ceramic block magnet. This is a flat surface static field magnet with positive and negative magnetic polarity on opposite skies.

USES:

On the negative magnetic pole side, place water (municipal treated or ground water) and nutritional supplements for a minimum of five minutes. The longer, the better.

There are many other uses for this 4" x 6" x 1/2" magnet such as heart treatment for atherosclerosis, treating aches and pains, inflammation, spinal treatment, local infections, local cancers and much more. See my Magnet Therapy book and my quarterlies.

Cost: \$ 49.95 Shipping: 8.50 \$ 58.45

• Ceramic disc magnets of 1-1/2" x 1/2". These magnets are provided as Soother One which has two 1-12" x 1/2" disc magnets and a band, 2" x 26". These discs have positive and negative magnetic fields on opposite sides.

USES:

The negative magnetic pole of the disc can be used to produce negative ions of water and nutrients.

There are multiple uses for the two discs and wrap such as bitemporal placement for headaches and relief of emotional and mental symptoms, aches and pains, inflammation and small local infections and small local cancers.

See my writings for further details.

COST:
Soother One \$ 21.95
Shipping 8.50
Total 30.45

### William H. Philpott's MAGNETIC THERAPY MOTTO:

I do not claim that magnets cured you; <u>you</u> claim that magnets cured you.

Even without being promised a cure, magnetic therapy is worth a try!

## THE DEFINITION OF MAGNETIC POLARITY AS USED IN HUMAN PHYSIOLOGY

A magnetometer is used to identify positive (+) and negative (-) magnetic poles. A magnetometer is a scientific instrument, which identifies magnetic polarity in terms of electromagnetic polarity, which is positive (+) and negative (-) rather than the geographic compass needle identification of north and south. When using a compass to identify magnetic poles, a north seeking compass needle identifies a negative magnetic field of a static field permanent magnet. The north-seeking needle of a compass is magnetic positive and therefore points to (seeks) the magnetic negative north pole of the earth and also the magnetic negative magnetic field of a static field permanent magnet. The south-seeking needle of a compass is magnetic negative and therefore points to (seeks) the magnetic positive south pole of the earth and also the positive magnetic field of a static field permanent magnet.

Static field permanent magnets can properly be characterized as DC magnets because they are magnetized by a direct electric circuit current in which the positive electric pole produces a positive magnetic field and the negative magnetic pole produces a negative magnetic field. Those magnetically charging magnets from a DC electric current understand this relationship. Robert O. Becker, M.D., prefers to use the term DC magnets as applied to static field permanent magnets.

In 1600, William Gilbert (DE MAGNETE) was the first to point

out that the navigator oriented himself with the compass needle pointing toward north, which he called north, when in fact the compass needle pointed north is a south magnetic field.

Several scientists throughout the years have identified this error in naming the magnetic poles. This error in identifying poles still persists as tradition.

The physicist, B. Belaney (*New Encyclopedia Britannica* 1986. Vol. VIII, pages 274-275) again identified this geographic error in identifying magnetic poles and termed it "semantic confusion". To avoid this semantic confusion, he recommended using the electrical polarity definition of positive (+) and negative (-) as applicable to magnetic poles in which a positive electric pole (+) is also a positive magnetic pole (+qM) and a negative electric pole (-) is also a negative magnetic pole (-qM). "M" stands for magnetism.

The body is an electromagnetic organism with a direct current (DC) central nervous system in which the brain with its neuronal bodies is a positive magnetic field and, also produces a positive electric field. The extensions from the neuronal bodies are a negative magnetic field and also produce a negative electric field. The human body does not have a storage battery from which electricity flows or an electric dynamo from which electricity flows. Rather, by a mechanism comparable to a magneto, the human body turns its magnetic fields into DC electric current. It is also true that each cell of the body has a positive and negative magnetic field in its DNA. Since the human body functions on a DC electromagnetic circuit, it is especially appropriate to use the positive (+) and negative (-) identification of magnetic polarity when relating magnetism to the human body. The human body does not have a north and south poled field, but rather has positive and negative magnetic fields from which electricity is produced. A geographic definition not applicable to human physiology whereas, an electromagnetic definition of magnetic polarity is essential. If and when the geographic definition of polarity is used, it still requires a translation into usable terminology for application to human physiology.

For the above reasons the definitions of positive (+) and negative (-) magnetic fields are used when applying magnetics to human physiology. The traditional compass needle oriented naming of magnet poles is included in brackets as negative (south-seeking) and positive (north-seeking).

There is a need to understand the navigational error in identifying the magnetic poles as well as the parallel identification in identifying DC electrical current poles and DC static field permanent magnet poles made from the DC current. To those who have examined for and identified the distinctly opposite biological responses to opposite magnetic fields, the separate identification of the magnetic poles is an important must. To those not experienced in the knowledge of separate biological responses to opposite magnetic poles, the magnetic poles and the gauss levels needed for these responses is what is making biophysics become a predictable science parallel to the predictable industrial application of magnetics.

### STATUS OF THERAPEUTIC MAGNETISM

Since Ancient times, the beneficial biological response to magnetism has been praised by a few and doubted by a large number. The magnetic force at a distance that could not be seen leads to doubts of magnetism biological responses. The development of the compass produced a general acceptance of the actuality of the existence of magnetism. During the past two hundred years, the interest in the therapeutic value of magnetism has experienced considerable fluctuations.

The physicist, Albert Roy Davis' observations of the opposite biological response to opposite magnetic poles, set the stage for understanding there were two biological responses to magnetism. It is now known biological response to separate magnetic poles can be as predictable for biological responses as the use of electromagnetism used in our industrial world. It is now understood the magnetism functions at the atomic level with the movement of electrons which influence biological function. The positive magnetic field (traditional north-seeking pole) spins electrons clockwise while the negative magnetic (traditional south-seeking pole) spins electrons counterclockwise. These opposite electron spins from opposite magnetic poles provides predictable opposite biological response. The biological response to the positive magnetic field is acid-hypoxia. The biological response to the negative magnetic field is alkaline-hyperoxia.

Robert O. Becker <sup>2</sup> documented the separateness of the positive (north-seeking) and negative (south-seeking) magnetic fields. The positive (north-seeking) magnetic field is the signal of stress injury. The negative (south-seeking) magnetic field governs healing and normalization of biological functions. In terms of neuronal response, the positive (north-seeking) magnetic field is exciting and when sufficiently high such as during sun flares, can even precipitate psychosis in those so biologically predisposed. The negative (south-seeking) magnetic field is neuron calming and encourages rest, relaxation, sleep and when sufficiently high in gauss strength, can produce general anesthesia. Robert Becker anesthetized his small experimental animals with a negative (south-seeking) magnetic field.

My research has abundantly confirmed these observations of Albert Roy Davis and Robert O. Becker. As a neurologist, I documented by EEG that a positive (north-seeking) magnetic field is neuronally exciting. The higher the gauss strength, the higher the excitement. A sufficiently high positive (north-seeking) magnetic field can evoke seizures in those so predisposed. A negative (southseeking) magnetic field is neuronal calming. The higher the gauss of the negative (south-seeking) magnetic field, the slower the brain pulsing on the EEG. This information sets the stage in understanding how a negative (south-seeking) magnetic field controls neuronal excitement in neurosis, psychosis, seizure potential, addictive withdrawal and movement disorders, not applicable to human physiology whereas, an electromagnetic definition of magnetic polarity is essential. If and when the geographic definition of polarity is used, it still requires a translation into usable terminology for application to human physiology.

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### SINGULAR BIOLOGICAL RESPONSE TO SINGULAR MAGNETIC POLE FIELDS

There is a classic traditional mechanical magnetic model from which there is a predicted two magnetic pole effect from a single magnetic pole field. In this model, the magnetic field radiates out from the singular magnetic pole of a magnet and turns back to join the opposite pole. The traditional assumption is that when the mag-

netic field changes direction going backward towards the magnetic field on the other side (other pole) of the magnet that this changed direction is the opposite magnetic pole.

I have prepared magnetic fields honoring this assumption that there are of necessity both magnetic poles on the same side of the flat surfaced plate-type magnet with poles on opposite sides of the flat surface. I have compared this with the assumption that there is a single magnetic field on opposite sides of a magnet. I have not demonstrated by biological responses including brain wave (EEG) responses that there are two opposite magnetic fields on one side of the magnet. Consistently, I have observed a single magnetic pole biological and EEG response to single magnetic fields of flat surfaced magnets with poles on opposite sides of the flat surface.

There is another non-traditional magnetic mechanical model that states that the magnetic poles change at the equator by rotating 180 degrees (minor image). Obviously, in the case of the earth, the magnetic fields change at the equator producing a northern hemisphere of a negative (south-seeking) magnetic field and a southern hemisphere of a positive (north-seeking) magnetic field. This model indicates that the magnetic field radiating up from the negative (south-seeking) magnetic field of the magnet as well as the magnetic field that buckles back to the opposite side of the magnet are both a negative (south-seeking) magnetic field and only become the opposite magnetic pole field when it enters the half-way point of the magnet (equator).

Even though a static magnetic field does not move, it still is an energy field by virtue of the fact that electrons are moved by the static magnetic field. The negative (south-seeking) static magnetic field rotates (spins) electrons in that field counter-clockwise. A positive (north-seeking) static magnetic field rotates (spins) electrons in that field clockwise. The movement of electrons in a static magnetic field is called the Aharonov-Bohn electromagnetic potential. Akaira Tonomura has also confirmed this. This change in rotation between the positive (north-seeking) and negative (south-seeking) magnetic fields occurs at the equator of the magnets and not at the point where the magnetic field turns back toward the opposite magnetic field. This magnetic mechanical model agrees with the clinical response evidence of the magnetic field being a full individual field on each side of the magnet.

The magnetic field remains the same pole whether directly above the magnet or the magnetic field that is turning back toward the opposite side. If it did become the opposite pole when it turned back, it would then not proceed to the opposite side. This is true since the same poles repels. Therefore, it has to remain the negative (south-seeking) pole that buckles back toward the positive (north-seeking) magnetic field. This being true, the pole cannot change until it reaches the equator in the magnet between the two poles. An example is that in the case of the earth's magnetic field. The south pole (+) goes toward the north pole (-) and changes polarity at the earth's equator.

## (See Depth of Penetration/Gauss Field Strength, Page 4) MAGNETIC FIELDS BIOLOGICAL RESPONSES UNIVERSAL TRUTHS

Magnetic biological responses are universally the same under any and all sections of the body tested and both of earth's magnetic hemispheres.

### 1. Centrad and centrifugal atomic energy expressions.

At the atomic level, the counter-clockwise rotation pulls electrons toward the center proton (centrad) while the clockwise rotation of electrons pushes outward from the center proton (centrifugal).

Therefore, there are no free radicals in a negative magnetic field with a counter-clockwise spiral spin of electrons pulling to-

ward the center. Thus, a negative magnetic field is a biological antistress, anti-inflammatory response.

There are free radicals in a positive magnetic field with a clockwise spiral spin of electrons pushing away from the center. Thus, a positive magnetic field is a biological stress-inflammation response.

### 2. Centrad and centrifugal weather energy expressions.

In the northern magnetic hemisphere of the earth the energy expression of counter-clockwise spiral spinning of electrons is with energy expression being toward the center.

In the southern magnetic hemisphere of the earth the energy expression of the clockwise spiral spinning of electrons is with the energy expression being away from the center.

Varied colliding wind streams with varied temperatures and varied pressures can override the earth's natural occurring hemispheric magnetic polarities and produce a local magnetic field opposite to the earth's hemispheric magnetic field. In any event, wherever it is in the earth's hemispheric magnetic field, a counter-clockwise rotation energy pulls toward the center (centrad) and clockwise rotation energy pushed away from the center (centrifugal).

### 3. The Neuronal pulsing frequency relationship to neuronal magnetic field strength.

The brain's response to a negative magnetic field is a decreasing of the pulsing frequency of the brain relating specifically to the gauss strength of the magnetic field. The higher the gauss strength is the slower the pulsing magnetic field. With a positive magnetic field, the higher the gauss strength, the faster the pulsing field. This reveals that a negative magnetic field is anti-stress and the positive magnetic field is biological stress.

It also holds that the pulsing frequency of the brain can be driven by an external pulsing field using sight, sound, tactile or brain stem with the pulsing field being placed on the upper back of the neck and low occipital. The pulsing field can drive the magnetic field of the brain. Pulsing fields of 12 cycles per second and less evoke a brain negative magnetic field. The intensity of the pulsing determines the gauss strength of the pulsing field. The pulsing field plus the intensity of the pulsing field determines the magnetic behavioral state of the brain. Eight to twelve cycles per second are relaxation. Six cycles per second is relaxation. Four cycles per second is dissociation. Three cycles per second is lapse states. Two cycles per second is sound sleep. One cycle per two seconds is harmless general anesthesia.

### 4. A 3-dimension spiral electron spin is provided by magnetic fields.

In electromagnetic physical nature, the 3-dimensional spiral is frequently expressed. This 3-dimensional spiral is present in the light refractory levo (left) substances and dextro (right) sub stances. These are 180-degree mirror image isotopes. Magnetism has the same levo (left) and dextro (right) 3-dimensional spiral spin of electrons, the same as the levo and dextro substances in relationship to light. The biological effects are opposite as to the separate energy manifestations. In the case of amino acids and fats, only the levos have nutritional value. in the case of magnetism, the levo (left spiral electron spin) is an anti-stress, healing and normalizing counter-stress correction from the biological stress dextro (right spiral electron spin).

- 5. A positive magnetic field is stressful and therefore, does not heal the human body.
- 6. A positive magnetic field is biologically stressful, raises endorphins and with frequent use, is addicting.
- 7. A negative magnetic field is biologically anti-stress, does not raise endorphins and is not addicting.
- 8. A negative magnetic field is anti-stressful and governs human cellular normalization and healing.

- 9. A negative magnetic field governs sleep by evoking melatonin production by the pineal gland.
- 10. A positive magnetic field blocks the production of melatonin by the pineal gland.
- 11. A positive magnetic field biological response is acid-hypoxia.

This is compatible with the metabolism of microorganisms and cancer and not compatible with human metabolism.

12. A negative magnetic field biological response is alkaline-hyperoxia.

This state is necessary for human metabolism and is not compatible with the metabolism of microorganisms and cancer.

### 13. A positive magnetic field biological response is vasodilatation and acid-hypoxia.

This makes it unsuited for the treatment of edematous and bleeding areas from acute injuries.

- 14. A negative magnetic field biological response is alkaline-hyperoxia, and due to the hyperoxia, makes it useful for stopping the bleeding of acute injury, is not vasodilating and resolves the edema of acute injuries.
- 15. The positive magnetic field acid-hypoxia, in short-term exposure of minutes to a few hours, produces an inflammatory red, raised, edematous area due to the acid-evoked vasodilatation inflammatory reaction.
- 16. The positive magnetic field acid-hypoxia continuous long-term exposure of a week to two weeks reveals in fact, an acid-evoked inflammatory vasculitis (acid-burn), which is red, raised, edermatous and itching with bacterial growth pustules.
- 17. The acid-hypoxia biological response to a positive (north-seeking) magnetic field activates the acid-dependent transferase enzyme catalysis of fermentation production of adenosine triphosphate for microorganisms (viruses, bacteria, fungi, parasites) and cancer cell metabolism which also replaces the alkaline-hyperoxia necessary for oxidation-reduction enzyme catalysis production of ATP necessary for human cell metabolism.
- 18. The alkaline-hyperoxia biological response to a negative (south-seeking) magnetic field activates the alkaline-dependent oxidoreductase enzyme catalysis of oxidation-reduction production of ATP necessary for human cell metabolism which also replaces the acid-hypoxia necessary for microorganisms and cancer cell metabolism.
- 19. A negative magnetic field activation of alkaline-dependent oxidoreductase enzymes in an alkaline medium processes (detoxifies) the biological inflammatory free radicals, peroxides, acids, alcohols and aldehydes to non-inflammatory water and molecular oxygen.
- 20. A sustained positive (north-seeking) magnetic field acid-hypoxia sustains the necessary life energy of microorganisms and cancer cells and destroys the necessary life energy of human cells.
- 21. A sustained negative (south-seeking) magnetic field alkaline-hyperoxia sustains the necessary life energy of human cells and destroys the necessary life energy of microorganisms and cancer cells.
  - 22. Cancer cells have a positive magnetic field charge.
- ${\bf 23.}\,$  Normal human cells have a negative magnetic field charge.
- 24. Microorganisms have a positive magnetic field charge by virtue of their high mineral content with a high conductance and thus stressful higher pulsing frequency whereas human cells with lower mineral content and lower conductance

- ys consult your family physician, or one of our referral physicians prior has a non-stressful low pulsing frequency.
- 25. The biological response to a magnetic field is determined by the 3-dimensional spiral rotation spin of the electrons in the magnetic field and not by the directional approach of the magnetic field to the biological specimen.
- a) Therefore, a flat-surfaced, static field magnet with magnetic poles on opposite sides, has a separate, distinct magnetic field over each side.
- b) The directional change of the magnetic field turning back around the sides of **the** magnet to the opposite pole side, does not change the magnetic polarity electron spin until it reaches the halfway point (equator) between the magnetic fields for the magnet.
- c) A unidirectional magnetic field is not necessary to maintain a separation of magnetic fields. The 3-dimensional spiral electron spin and not the direction approach to the biological specimen determines the separate biological response to opposite magnetic fields.

### 26. IMMUNOLOGIC RESPONSES TO OPPOSITE MAGNETIC FIELDS

Substance + Positive magnetic field>sensitization.
Dead or attenuated microorganism+ Positive magnetic field>sensitization.
(vaccination)
B. Substance to which subject is immunologically reactive + Negative magnetic field>desensitization.
27.ENZYMATIC RESPONSE TO OPPOSITE MAGNETIC FIELDS
A. Food substrate + Oxidoreductase enzymes + Negative magnetic field> ATP +oxidation remnant magnetism (Negative magnetic field)
B. Food substrate + Oxidoreductase enzymes + Positive magnetic field>No ATP production and no oxygen or water production
C. Substrate (free radicals, peroxides, acids, alcohols and aldehydes) + oxidoreductase enzymes + negative magnetic field>oxygen and water D. Substrate
(free radicals, peroxides, acids, alcohols and aldehydes) + oxidoreductase enzymes +  No oxygen and no water

positive magnetic field .....>produced

E.

Food Substrate +

Acid dependant transferase enzyme + ATP by fermentation + Positive magnetic field......positive remnant magnetism

#### 28. HEAVY METAL DETOXIFICATION

Heavy metals are all electro-positive. Heavy metals produce acidity and metabolically damaging free radicals and acids. Heavy metals biologically damage by attaching to (complexing) biological macromolecules.

A negative magnetic field replaces the electro-positivity of heavy metals with an electromagnetic negativity and thus blocks, reverses and detoxifies heavy metals, tissue complexing, free radicals, and acid production. In the presence of a maintained static negative magnetic field heavy metals are dispersed of in the urine in a non-toxic state.

Α.

Toxic electro-positive
heavy metals
(aluminum, mercury,
lead and other heavy metals)
+ a sustained static negative
magnetic field attached
to the heavy metal......>Dispersed of in the urine as non-toxic
electro-negative metal

#### 29. POSITIVE MAGNETIC FIELD NEUROPATHY

The acid-hypoxic response to a positive magnetic field placed over a nerve trunk produces a peripheral neuritis of tingling, numbness, pain, loss of motor function, loss of sense of pressure, etc. This can begin to occur within 3-4 hours of continuous exposure to a positive magnetic field.

### 30. NEGATIVE MAGNETIC FIELD HEALING OF NEUROPATHY.

The alkaline-hyperoxia response to a negative magnetic field exposure reverses positive magnetic field neuropathy, toxic neuritis, dialectic neuropathy, etc.

### 31. OPTIMIZING THYMUS GLAND DEFENSE

The biological stress of a positive magnetic field can be used to optimize thymus gland functions against infections and cancer. Due to the acid-hypoxia evoked by the positive magnetic field the external exposure to this magnetic field should not exceed 1/2 hour, periodically. This same principle of short duration exposure to the positive magnetic field applies to increased hormonal production to catabolic hormone glands such as the adrenals.

### **32.** CAN APPLICATION OF THE POSITIVE MAGNETIC FIELD BE HARMFUL?

The FDA has classified magnetic field application to humans as "not essentially harmful." This `not harmful' classification of magnetic field application to humans is a half-truth. This `not harmful' classification occurred due to the pre-market testing for the MRI. The short duration of MRI scan exposure to both the positive and negative magnetic fields is not harmful. However, objective observations by several physicians has demonstrated the following:

- A. A brief exposure to a positive magnetic field is not harmful and can be used to stimulate the thymus gland function, adrenal-cortical hormone increase, stimulate a return of neuronal function that have been inhibited by pressure, etc.
- B. Prolonged exposure to a positive magnetic field can produce a toxic vasculitis, neuritis, and addiction due to evoked

endorphins and serotonin, microorganisms and cancer cell replication.

C. A negative magnetic field is never harmful and helps healing, repairs, increases melatonin and growth hormone production and produces biological homeostasis.

#### 33. MAGNETIC FREE ENERGY.

A static magnetic field is the energy essence of magnetic therapy.

Oxidoreductase enzyme + alkaline-hyperoxia
Food substrate.....>ATP

plus electron free energy from static electric catalytic remnant field with movement of electrons between magnetism substrate and enzyme producing a negative (Negative magnetic field) magnetic field (magnetic free energy)

Negative magnetic field therapy provides magnetic free energy from a static negative magnetic field for alkaline-hyperoxia catalytic reactions.

## 34. Each side of a static field magnet with magnetic fields on opposite sides of a flat surface magnet produces only a single uniform, magnetic field.

From each single side of a flat surface static field magnet, there is a magnetic field of the same magnetic polarity field turning back to enter the opposite magnetic field. This entry into the opposite magnetic field occurs at the edge of the magnet at the equator which is a half-way point between the opposite magnetic fields. Thus, a subject being exposed to the uniform negative magnetic field only and does not receive a positive magnetic field coming around the edge of the magnet. The entry of the positive magnetic field is at the equator half-way point between the opposite magnetic fields. This is on the edge of the magnet and not on the opposite flat surface side of the magnet.

Albert Roy Davis, Physicist, for several years used flat surface magnets with poles on opposite sides to determine the separateness of the opposite biological response to the positive and negative magnetic fields. This separate biological response to opposite magnetic fields could not have occurred if there was an opposite magnetic field coming around the edge of the magnet.

Robert O. Becker, M.D. understood that a flat surface magnet with opposite magnetic fields on opposite sides provided only a separate single magnetic field form each side of the flat surface magnet.

Skin tests prove that only a single magnetic field response occurs in response to the single magnetic field on each side of a flat surface magnet. A gauss meter reading documents evidence that only a single magnetic field occurs from a flat surface magnet with poles on opposite sides and that there is not an opposite magnetic field coming around the edge of the magnet. The usefulness of a magnetometer is limited to the reading over the uniform magnetic field over the flat surface of a flat surface magnet with magnetic field poles on opposite sides. The reason for this is that the magnetometer has its own magnetic field which will give an opposite reading when crossing over the edge of the magnet, due to the fact that the bar magnet in the magnetometer reaches beyond the equator at the edge of the magnet.

The erroneous concept model that an opposite magnetic field comes around the edge of a flat surface magnet comes from an incorrect use of a magnetometer, contrary to the manufacturers stated value and limitations of a magnetometer which is "limited to a uniform field".

There is no reason to place mini-block magnets under a 4"

mattress pad in order for the surface to receive only a negative magnetic field. When placing mini-block magnets in a bed pad on top of a mattress it is necessary to sufficiently pad between and over the mini-block magnets so the weight of the subject cannot press down between the magnets so as to not reach the equator half-way point between the separate magnetic fields on opposite sides of the mini-block magnets.

### The Physiology of Biomagnetics

Humans and all living organisms are electromagnetic. Human life exists as an electromagnetic organism. The central nervous system and the peripheral nervous system function as a direct current circuit with a positive (north-seeking) magnetic field at the positive electric pole and a negative (south-seeking) magnetic field at the negative electric pole. Each cell has its positive (north-seeking) and negative (south-seeking) magnetic fields. The DNA genetic code material of each cell has both positive (north-seeking) and negative (south-seeking) magnetic fields. Magnetic fields govern cell functions and is a necessary functional part of all physiological functions of the human body. Biomagnetics needs to be understood in order to understand the normal mental and physiological energy functions of the human body. Biomagnetics needs to be understood in order to understand how handicapping symptoms develop and also how to reverse these handicapping symptoms. Magnetic energy dynamics is the very foundation of normal and abnormal mental and physical human functions. Magnetic therapy employs the basic fundamental energy dynamics of being alive and responding to stimuli whether these are internal brain thoughts or feelings or an external play on sight, sound or tactile senses. Magnetic field energy, due to being the very energy foundation of response, can alter the biological responses to stimuli.

There are distinctly separate fundamental ways in which magnetic fields exert control over responses to stimuli.

### **Biological Responses to Separate Magnetic Fields:**

Positive Magnetic . Field
Stress response
Neurone exciting
pH acidifying

Negative Magnetic Field
Anti-stress response
Neurone calming
pH alkalinizing

Human physiology has a homeostatic function between the positive (north-seeking) magnetic field biological governed biological responses and a negative (south-seeking) magnetic field governed biological responses. The necessary biological homeostasis between a positive (north-seeking) and negative (south-seeking) magnetic field is not an equal amount of both of these fields. The negative (south-seeking) magnetic field has a higher gauss strength than the positive (north-seeking) magnetic field in the human body. The presence of a higher negative (south-seeking) magnetic field than a positive (north-seeking) magnetic field provides the human with the ability to exert a control over any possible excessive positive (north-seeking) magnetic field stimulus response. The neuron bodies of the central nervous system are a positive (north-seeking) magnetic field while the neuron axon extensions into the body are a negative (south-seeking) magnetic field.

Robert O. Becker demonstrated that an injury registers as an electromagnetic positive while the healing state of the injury registers electromagnetic negative. Healing-repair can only occur in the presence of a negative (south-seeking) magnetic field. A positive (north-seeking) magnetic field is the signal of injury sent to the brain following which the brain returns a negative (south-seeking) magnetic field necessary for healing-repair. Magnetic therapy provides an external source of a negative (south-seeking) magnetic field for healing-repair.

The human body can only maintain optimum life function in an alkaline medium. Human life is alkaline-hyperoxia-dependent.

The physicist, Albert Roy Davis discovered that a negative (south-seeking) magnetic field biological response is alkaline-hyperoxia while the positive (north-seeking) magnetic field biological response is acid-hypoxia. My observations confirm Davis' observation of an alkaline-hyperoxia response to a negative (south-seeking) magnetic field. The alkaline-hyperoxia biological response to a negative (south-seeking) magnetic field is why a negative (south-seeking) magnetic field relieves symptoms.

There is a parallel between acid-base balance and magnetic field levels. A biological acid state is always a positive (north-seeking) magnetic field. A biological alkaline state is always a negative (south-seeking) magnetic field. My research examined pH before and after test meals of foods and exposure to common environmental chemicals and also, immunologic reactions. When symptoms occurred during these tests of exposures an acidity always developed. These symptoms can be relieved by the negative (south-seeking) magnetic field of a static field magnet because the biological response to the negative (south-seeking) magnetic field is alkaline-hyperoxia.

### pH Biological Response to Separate Magnetic Fields

Positive Magnetic Field Negative Magnetic

Field

Acid-hypoxia Alkaline-hyperoxia

### **Magnetic Response to Stress Injury**

Positive Magnetic Field Negative Magnetic

Field

A positive magnetic field is a signal of injury sent to the brain.

No healing-repair can occur due to the positive magnetic production of acid-hypoxia. The brain receives the signal of injury as a positive magnetic field and returns the signal of a negative magnetic field Healing-repair requires alkaline-hyperoxia for oxidative phosphorylation production of ATP. A negative magnetic field biological response to a negative magnetic field is alkaline-hyperoxia.

The production of ATP by oxidative phosphorylation is blocked by the acid-hypoxia of a positive magnetic field.

Chronic stress, from whatever source, produces acidity. Since acidity ties up molecular oxygen, producing acids, the result is acid-hypoxia. Chronic stress resulting from physical injury or psychological stress have the same biological consequences of the production of acid-hypoxia. An injured muscle or over-stressed muscle becomes acidic and thus also hypoxic. This acid-hypoxic state is inflammatory and painful whether the tissue is a muscle, fascia, tendon or other tissues such as an internal organ.

The problem of inflammation and pain production by acidity becomes compounded since the human life energy (ATP) cannot be made in an acid-hypoxic medium since oxidative phosphorylation is alkaline-hyperoxia-dependent. However, human cells have the ability to make ATP by fermentation using transferase enzyme catalysis. The production of ATP by fermentation occurs when acid-hypoxia is present. This is an emergency energy measure and cannot sustain human life for very long. Lactic acid is a by-product of fermentation, which adds further acid-induced inflammation. Cancer cell initiation and growth can only develop in an acid-hypoxic medium since cancer cells use fermentation for the production of ATP. Infectious micro-

organisms are acid-hypoxic, fermentation-dependent for their production of ATP. A negative (south-seeking) magnetic field with its production of alkaline-hyperoxia canceling out acid-hypoxia is antibiotic, anti-parasitic and anti-cancerous.

### **Biological Source of Magnetism**

Magnetic field energy is essential to biological life energy. Biological life cannot exist without magnetic field energy. The DNA genetic code contains magnetic fields and passes this magnetic field on to the next generation. Magnetic fields are always both positive (north-seeking) and negative (south-seeking) magnetic fields. However, these positive (north-seeking) and negative (south-seeking) magnetic fields do not have to be of equal proportions. In fact, the human magnetism is higher in the negative (south-seeking) magnetic field than the positive (north-seeking) magnetic field. This is how the human organism maintains alkaline-hyperoxia. Microorganisms', parasites' and cancer cells' magnetic physiology is opposite to the human magnetic physiology in which the positive (north-seeking) magnetic field is higher than the negative (south-seeking) magnetic field.

There are hundreds of enzyme catalytic reactions occurring in the human. A catalytic reaction requires movement of electrons between the substrate and the enzyme. When electrons move, they produce a magnetic field. Thus, alkaline-dependent enzymes are also negative (south-seeking) magnetic field dependent and acid-dependent enzymes are also positive (north-seeking) magnetic field dependent.

### **Examples of Biological Produced Magnetism**

Four Oxidoreductase enzymes

Food Substrate	>Adenosine triphosphate				
+alkaline-hyperoxia	(ATP+ oxidative				
	remnant magnetism; a				
	negative magnetic				
	field)				
Food Substrate	>ATP + a positive				
transferase	magnetic field				
enzyme + acid-hypoxia					

### **Secrets of Negative Magnetic Field Therapy**

A negative (south-seeking) magnetic field is anti-stressful and thus, neuronal calming. A negative (south-seeking) magnetic field on the brain and spine calms neurones (anti-stress) and aids voluntary relaxation and sleep. It is also true that a negative (south-seeking) magnetic field can be made strong enough to produce involuntary magnetic general anesthesia. Robert O. Becker anesthetized his salamanders with a negative (south-seeking) magnetic field. I have demonstrated the control of seizures by a negative (south-seeking) magnetic field. I have demonstrated the control of movement disorders with a negative (south-seeking) magnetic field. I have observed the control of major mental disorders such as hallucinations, delusions and depression with a negative (south-seeking) magnetic field. The exceptional value of a negative (south-seeking) magnetic field control over neuronal excitation is that it works whether the neuronal excitation is due to an injured brain from trauma, viral infection, maladaptive food reaction, maladaptive environmental chemical reaction, immunologic reaction or repressed unconscious hostility, anger, anxiety and its associated somatic expression. The secret of a negative (south-seeking) magnetic field therapy is that a negative (south-seeking) magnetic field is neuronal calming, cellular metabolic normalizing, enzymatic processing of all types of inflammatory responses no matter why they are present.

Symptom-producing responses occur due to repeated neuronal excitation paired with a stimulus evoked response. Sensitization is due to neuronal excitation paired with a stimulus. Desensitization results when neurones are held in a calm, anti-stress state while meeting the stimulus that had trained in a maladaptive sensitization response. It is repetition while exposed to a stimulus-producing response that trains in sensitivity and it is repetition while holding the neurones in an anti-stress inhibited state that trains out sensitization. Thus, a negative (south-seeking) magnetic field brain treatment has an immediate cancellation of the maladaptive response and by repetition trains out the maladaptive response. Local inflammation is reversed enzymatically by oxidoreductase enzymes processing of free radicals, peroxides, oxyacids, alcohols and aldehydes.

Oxidoreductase enzyme, Superoxide disputase enzyme in an alkaline medium Superoxide Free Radical \_\_\_\_\_ \_>Hydrogen Peroxide (H, 0, )Catalase enzyme in an alkaline medium  $H_{2}0_{2}$ >water + molecular oxygen Superoxide free Oxidoreductase enzymes radical, Dehydrogenases, Hydroxylases, peroxides, Oxidases Oxygenases, oxyacids, Peroxidases, Reductases alcohols and aldehydes \_\_>water and oxygen molecules Alkaline-medium electrostatic field or negative magnetic field

### The Role of Magnetics In Enzyme Function

All biological enzyme functions (catalysis) in a living biological system are magnetic energized. There is a measurable catalytic remnant magnetism to enzyme function in live biological systems. Four oxidoreductase enzymes are needed to produce adenosine triphosphate (ATP) from foods. During these enzyme processes, there are two energies being made. One is ATP and the other is oxidation remnant magnetism. Both of these energies are used for the energy activation of enzymes. There are thousands of the enzymes, each with its own selective function. These are named according to their functions. Oxidoreductase enzymes are a family of enzymes with specific necessary functions. These enzymes have the following functional values. They produce ATP and catalytic remnant magnetism and they process the end-products of the metabolic process which are initially the free radical called superoxide which is oxygen with an added electron. If not rapidly enzymatically processed, it will produce peroxides, acids, alcohols and aldehydes all of which are enzymatically toxic, that is inflammatoryproducing.

In order for us to understand biological life energy, we must understand the starting point of that energy. Thus, we must understand the functions of oxidoreductase enzymes. We have enzymes and the substrates which they are processing. In the case of producing ATP, the substrate is a food. In the case of processing the toxins or inflammatory producing substances, the substrate are the free radicals and the products they produce. There exists a natural ten-

dency for the enzyme and the substrate to join. These areas that have a biological attraction to join are called dipoles. However, this attraction all by itself does not produce enzyme action. These are simply the areas where the enzymes and the substrates do line up and join. Otherwise, there has to be an energy. This characteristically comes from static electrons that are in the body. They help move the enzyme and the substrate together. Once they move, now a magnetic field is created because this is what a magnetic field is all about. It is produced by the movement of electrons. Also, a magnetic field from an external source that is a static magnet field will also produce the movement of electrons. This is why an external source of a static magnetic field will cause the enzyme and the substrate to join because it is moving electrons.

The essence of static magnetic field therapy is the energy activation of enzymes to join substrates for catalysis. In the case of oxidoreductase enzymes, they are alkaline-hyperoxia dependent and do not require ATP for energy activation but do require a static negative magnetic field energy for catalytic activation.

ATP is an energy activator of many enzymes. In alkalinehyperoxia, ATP dependent enzyme catalysis, a negative magnetic field is a co-factor with ATP as an enzyme energy activator. This is all human enzymes other than those of the mouth and stomach.

In acid-hypoxia dependent enzymes as well as transferaces, ATP and a positive magnetic field are energy co-factors. Invading microorganisms and cancer cells are acid-hypoxic dependent for making their ATP.

Thus, a static negative magnetic field strengthens the human cell alkaline-hyperoxic dependent energy state and defeats the acidhypoxic dependent state of cancer cells and invading microorganisms (bacteria, viruses, fungi and parasites).

### **Magnetic Dynamics of The Degenerative Process**

The central disorders of acute maladaptive reactions are: 1) acidity, and 2) oxygen deficit. Monitoring the biochemical disorders of chronic degenerative diseases reveals the same disorders as acute maladaptive reactions which is acid-hypoxia. Chronic degenerative diseases are observed to be acute maladaptive reactions extended in time to a chronic state with the resultant cellular damage. The contrast between the well cells of the healthy, functioning person and the sick cells of degenerative diseases provides valuable clues as to how magnetics can substantially aid in recovery of inflammatory degenerative diseases, infections from microorganisms and cancer.

In the process of oxidative phosphorylation producing adenosine triphosphate (ATP), molecular oxygen accepts an electron and becomes free radical oxygen (superoxide). If not immediately enzymatically reversed, superoxide proceeds to produce other free radicals, peroxides, oxyacids and aldehydes. These are all inflammatory. The oxidoreductase family of enzymes have the assignment of making ATP by oxidative phosphorylation and at the same time, processing the end-products of this oxidation phosphorylation process. This oxidoreductase family of enzymes are alkalinehyperoxic-negative magnetic field activation dependent. When these 3 physiologically normal factors are not present, then cellular ATP is made by fermentation. The 3 factors necessary for fermentation to produce ATP are: 1) acidity, 2) lack of oxygen, 3) a positive static magnetic field as an enzyme energy activator. Human cells have the capacity to make ATP by either oxidative phosphorylation or fermentation. Cellular fermentation producing ATP only functions in the abnormal state of acidity and hypoxia. The enzymes catalyzing fermentation production of ATP are transferases which are acidhypoxic-positive-static magnetic field activation dependent. Sugar is catalyzed by transferase producing ATP, alcohols, acids

and carbon dioxide. Hydrolase enzymes catalyzes starches to sugars. Hydrolase also is acid-hypoxic-positive static magnetic field energy activation dependent.

A static magnetic field is the energy activator of all biological catalytic processes. When oxidative phosphorylation catalyzes the production of ATP this catalytic reaction makes negative static field magnetism termed oxidation remnant magnetism. This negative static magnetic field is available to energize oxidoreductase enzyme catalysis and at the same time, block transferase and hydrolase catalysis. Besides the biological available negative static magnetic field from oxidation remnant magnetism, there is an always present electrostatic field (1). In an alkaline medium the electrostatic field produces a negative static magnetic field which energizes oxidoreductase catalysis. In an acid medium, an electrostatic field produces a positive static magnetic field which in turn energizes transferases and hydrolases. Both oxidation phosphorylation and fermentation catalysis are static magnetic field energized. However, they are energized by opposite magnetic poles. Oxidation phosphorylation is energized by a negative static magnetic field in an alkaline-hyperoxic medium. Fermentation is energized by a positive static magnetic field in an acid-hypoxic medium. A static magnetic field is required for the enzyme and the substrate to attach. A static magnetic field present during enzyme catalysis has been documented (2). ATP made by fermentation with its acid-hypoxic medium cannot maintain human biological life energy. ATP made by fermentation can maintain the life energy of microorganisms such as bacteria, fungi, viruses, parasites and cancer cells. The secret to reverse acute maladaptive symptom reactions, prevent and reverse microorganism infections, maintaining human biological health and providing for the reversal of degenerative diseases is to maintain a normal alkaline body pH, hyperoxia and an adequate negative static magnetic field. The biological response to a negative static magnetic field can maintain these necessary components of healthy human cells. Thus it can be understood that exposure to an external source of a negative static magnetic field supports human health and materially aids in reversal of inflammatory degenerative diseases, cancer and the defense against microorganism invasion. This external negative static magnetic field can be applied to local affected areas as well as applied systemically by such as a negative static magnetic field bed.

- 1) Encyclopedia Britannica. Vol 15, page 1060. 1986 edition
  - 2) Fersht, Alan. Enzyme Structure and Mechanism
    The Significance of Alkalinity and Acidity
    in Biological Health and Disease

The human body functions in an alkaline dependent state. Hyperoxia, which is necessary for the production of adenosine triphosphate (ATP), can only be present in an alkaline medium. An acid medium ties up oxygen, which is no longer free for the oxidation-reduction process of producing ATP. A healthy human maintains a blood pH minimum of 7.4. Below 7.4, the numerous necessary enzymes for life function in a human lose their function because they are alkaline-dependent. Alkaline minerals such as sodium, magnesium, potassium, and calcium as bicarbonates are a necessary part of the pH buffer system maintaining alkalinity. Therefore, it is necessary that these nutrients be in adequate supply. Insulin also helps maintain the alkalinity, the production of which rises and falls depending on the need to maintain the alkalinity. This is one of insulin's functions. Endorphins, insulin and nutrients producing bicarbonates are all alkaloids and therefore have a normal physiological level. This normal physiological alkalinity is anti-inflammatory, buffers against infections and cancers that are acid-

dependent.

Degenerative diseases such as diabetes mellitus, rheumatoid arthritis, local and systemic infections are all acid states in which local areas of the body are acidic and also there are measurable episodes of systemic acidity in these degenerative diseases.

It is highly significant to understand that sensitivity, symptom-producing reactions to foods and or chemicals are acidproducing. I have measured thousands of these symptoms occurring during deliberate exposure to foods and chemicals and when symptoms occur there is a measurable acidity occurring in the blood. The local area where the symptom occurred is even more acidic than the blood. Degenerative diseases have been demonstrated to simply be an extension in time of these acute symptom-producing reactions to foods, chemicals and inhalants. It matters not whether these are immunologic with demonstrated antibodies or complement disorders or whether they are non-immunologic. Acidity occurring at the time of either acute symptom production or chronic disease symptoms is the central common denominator. It is true that immunologic reactions are also acidifying but it is also true that there are many times more non-immunologic type reactions that are acidifying and thus, symptom-producing.

Addiction, whether it is to narcotics or other drugs, or to foods has an acidic phase during the withdrawal of that substance. In addictions, the withdrawal begins to occur at 3-4 hours, post-exposure. Addiction to foods turns out to be the most common cause of symptom producing maladaptive sensitivity reactions to foods. The frequently eaten food becomes a stressor, which is beyond the body's biological capacity to optimally process. When first exposed to the food to which the subject is addicted, there is relief of symptoms because the stress evokes a rise in endorphins and serotonin. Some four hours later, when both endorphins and serotonin drop below the normal functional physiological levels, acidity emerges and symptoms occur. This is why it is so important that all addictions be stopped at the same time. Thus, this includes alcohol, tobacco, caffeine, and all foods to which the person is addicted.

### The Role of Oxidoreductase Enzymes in Addiction Including Food Addictions

Members of the Oxidoreductase enzyme family classified by their function are as follows:

- 1. Dehydrogenases
- 2. Hydroxylases
- 3. Oxidases
- Oxygenases
- 5. Peroxidases
- Reductases

Oxidoreductase enzymes are responsible for the production of adenosine triphosphate and oxidation remnant magnetism (negative magnetic field). This is an alkaline-hyperoxia negative (south-seeking) magnetic field dependent enzyme catalytic reaction. When the frequency of a substance exceeds the available functional capacity of oxidoreductase enzymes, then this becomes a stress. The body's response to stress is to raise endorphins and serotonin. This stress over-produces endorphins and serotonin beyond their normal physiological level, thus providing not just a comfortable feeling, but also a super comfortable, even euphoric feeling. Some 3-4 hours later, the production of endorphins and serotonin drop below physiological level, which is now an acidic, inflammatory, psychologically depressive and anxiety-producing state. When oxidoreductase enzymes can be maintained at a normal physiological level,

this addictive state does not occur. We know this is true because when we expose the brain and the symptomatic areas to a negative (south-seeking) magnetic field, it will activate the oxidoreductase enzymes and thus relieve the symptoms. This fact also becomes the center focus for handling the symptoms of addiction in general and food addiction in particular. By the use of a negative (south-seeking) magnetic field applied to symptomatic areas and the brain, the withdrawal from addictive substances including foods can be made comfortable. Maintaining comfort while withdrawing from food addiction is an important part of magnetic therapy of reversing food addiction.

### THE ROLE OF ADDICTION IN OBSESSIVE-COMPULSIVENESS

Obsessive-compulsiveness can be a learned response from environmental experiences. However, much of obsessive-compulsiveness is learned from addiction. When contacting the addictive substance, food or otherwise, the subject is super comfortable without body pains and with a mental euphoria. When the addictive withdrawal phase sets in and the discomforts leave and pains, depression, anxiety and tension emerge, there develops first an obsessional wish to obtain relief by contact with the addictive substance again and a compulsion to act on that obsession. Addiction classically trains in obsessivecompulsiveness, which then pervades the entire behavior of the subject. The addict simply, obsessively, can't wait for relief. They can't accept any imperfection, including waiting for relief. Physical pain can be relieved by placing a negative (south-seeking) magnetic field over the area of pain. Brain symptoms can be relieved by placing the negative (south-seeking) magnetic field over the bitemporal areas of the brain. Bitemporal area placement of the discs relieves depression and tension. Placing a magnetic disc midforehead and left temporal relieves anxiety. Placing a magnetic disc over the left temporal and low occipital area is the most effective for relieving obsessive-compulsiveness.

It is understandable that overeating of calories becomes an obsessional compulsive component of food addiction. The system of magnetic weight reduction is to, first of all, stop all addictions. Secondly, handle all the withdrawal symptoms of stopping all addictions. The third is to decide the number of calories that needs to be consumed to maintain an appropriate weight. Eat this number of calories and stop any compulsion to overeat by placing the magnets appropriately on the head as well as a 4" x 6" x 1/2" magnet on the mid-sternum and over the epigastric area. Also, treat any areas of discomfort at the same time. By this method, the person learns with comfort to eat only the amount of calories that will maintain adequate weight. If there is an urge to eat between meals, then place the magnets on the head, the chest and on the epigastric area. Within 5-10 minutes, this urge will have disappeared. Thus, there is a method of self-help maintenance of comfort and magnetic cancellation of obsessive-compulsiveness.

### **Grandfather Status of Magnet Therapy**

Among early medical practitioners, there are references to the medical uses and self-help uses of static field magnets. This description of static magnetic fields for medical use and self-help application holds a record for being among the longest, if not the longest, held application of medical therapeutics. The application of magnetic therapeutics is world-wide. This worldwide grandfather status of application of static magnetic fields for therapeutic reasons is important in view of the more recent establishment of research practices to prove the value and safety of procedures and products. Among the earliest effort at establishing through scientific means, the value of magnetics

is that of the research establishing both the value and safety of the application of magnetic energy for magnetic resonance imagery.

Up to the 1970's, medical practices and sciences had been accepted because of their universal acceptance and application. There now are specific research techniques accepted by the Food and Drug Administration as valuable in establishing a scientific proof of both value and safety. Most medical practices have come to be accepted without this research proof. To this day, a substantial amount of medical practice is grandfathered and proceeds to be used without scientific proof. There is no official list of practices that have been grandfathered. They simply continued to exist without being challenged as to value and safety. Magnet therapy has existed since the early status of the practice of medicine and this has been worldwide. Although, not officially stated as grandfathered, its practice demonstrates that it is grandfathered in the United States and worldwide. In recent years, there has been an increase in the application of magnetics. Years ago, Sears Roebuck used to sell magnets for the relief of pain. In recent years there has been an increase of use of magnets for pain, sleep and other procedures. Magnetic therapy is also, at the same time, undergoing a scientific investigation as to values and limitations. National Institutes of Health is granting funds for this research. There are also privately funded researches in progress.

For many years, biochemistry has been fulfilling its promises of value and of financial rewards for marketing products. Biophysics has been largely ignored in terms of research for years. The times are changing and biophysics is now offering substantial rewards for harnessing magnetic applications.

### **An Invitation To Do Research In Therapeutic Magnetics**Dear Doctor:

This is an invitation for you to do research in the area of medical magnetics. The research physician works under the consultation and supervision of William H. Philpott, M.D., who is a member of an FDA qualified institutional review board. The researchmonitoring physician gives a statement as to the status of the patient and Dr. Philpott provides a magnetic research protocol to be followed in applying the magnets. The research physician agrees to send reports to Dr. Philpott, which then will be assessed by the magnetic research committee. When sufficient data is available on any one subject, then this is submitted for publication in a peer reviewed medical journal. The purpose of this research is to establish magnetics as a solid therapeutic modality in the practice of traditional medicine. This is a request to you to join us in this valuable research. It does not cost you anything to be a party to this research. The patient pays the physician for any service rendered. The patient also buys the magnets used in the research.

The application of magnets to humans and animals for both diagnosis and therapy is FDA approved. There are several approved magnetic instruments that can make claims of value in the specific limited areas that their research has established.

Our research is on the growing edge of therapeutic magnetics, expanding the value of magnetics to human and animal therapeutics. There are many promising values emerging that need definitive research. Would you please help us?

Sincerely,

William H. Philpott, M.D.

### Magnetic Therapy

Medical Supervised Research VS.

Self-Help Treatment

### Medical Supervised Research

The objective Observations of the value of magnetic therapy for numerous medical conditions demonstrates what is usually considered to be "too good to be true." Indeed, magnetic therapy deserves definitive, controlled research following all the guidelines of the FDA. This research is in process under the supervision of William H Philpott, M.D. and other independent research organizations as well as NIH grant-sponsored researches. This research under William H. Philpott, M.D. requires a local physician to be following the patient. A physician and patient provide Dr. Philpott with a definitive diagnosis and the physician and patient both agree to be reporting at least 3 times a year to Dr. Philpott. Dr. Philpott provides a magnetic research protocol giving the details of the magnets used. This is a home treatment. To defer the cost of this, a gift of \$200 is needed. This is a tax-deductible gift to medical research. This is beyond the cost of the individual magnets that are specified for the condition under consideration. This information is part of a statistical study in preparation for publication in peer reviewed medical journals.

### **Self-Help Magnetic Therapy**

William H. Philpott, M.D. has since 1995 prepared The Magnetic Health Quarterly that range widely on specific subjects. These quarterlies describe magnetic treatment that can be adapted to selfhelp. Also, there is a series of magnetic protocols describing in general terms treatment of specific conditions but not for a specific person. It is ethical to obtain this information that lends itself to self-help use. There is no restriction in the purchase of magnets. When a person does self-help is his responsibility. The application of magnets has been classified by the FDA as not being harmful. There is misuse of the magnets that can be made, such as using the positive magnetic pole for an extended period of time. Although this does not injure cells, it is acidifying and would not be healthy for long-term use. The cost of self-help is the purchase of a Magnetic Health Quarterly on the appropriate subject. Each Magnetic Health Quarterly costs \$12, and each magnetic protocol for selfhelp costs \$10. Otherwise, the cost of self-help is the cost of the magnets. In doing self-help, the person obtains the general information and decides without any coaching from anyone, what magnets they want to use and how they want to apply them based on the general information they have received. Many people are admirably helping themselves. It is always wise that major illnesses be under the supervision of the medical research program.

> William H. Philpott, M.D. 17171 S.E. 29th Choctaw, Ok 73020 405/390-1444 Fax 405/390-2968

## THE MAGNETIC RESONANCE THERAPEUTIC RESEARCH PROJECT: PHYSICIAN'S PARTICIPATION AGREEMENT

I agree to consult with W.H. Philpott, M.D., in setting up a research project in magnetic resonance therapeutic research. An agreed upon format of monitoring during treatment and after treatment will be followed. The agreed upon format will be provided in printed form so that the research format can be followed by multiple cases and multiple physicians.

I agree to provide a report three times a year. When sufficient data has been accumulated, and the Institutional Review Board agrees, then an author for publication in a peer review journal will be sought.

Address:

Date: William H. Philpott, M.D. 17171 S.E. 29th Choctaw, Ok 73020 405/390-1444 Fax 405/390-2968

## THE MAGNETIC RESONANCE THERAPEUTIC RESEARCH PROJECT: PATIENT'S AGREEMENT FOR RESEARCH

I understand this is a research project to determine the value of static magnetic field application to my type of condition. I understand that extensive toxicity studies preceding the Food and Drug Administration (FDA) approval of the marketing of magnetic resonance imagery resulted in the FDA's classifying magnetic exposure to humans as "not essentially harmful." I have not been promised symptom relief. I have not been promised a cure.

I agree to keep an accurate record of my extent of exposure to a magnetic field. I agree to the necessary monitoring of my condition before, during and after treatment as agreed to by my physician in consultation with W. H. Philpott, M.D.

I understand that private and government (Medicare and Medicaid) insurances do not apply for medical research. I understand my physician will not apply for insurance payments for the medical research that is being rendered me. I agree not to apply for insurance payments since they do not apply to medical research. I understand that laws relating to medical treatment for Medicare and Medicaid payments do not apply to medical research. I understand that the physician doing medical research monitoring for my case can charge for the service rendered for which no report to government insurance Medicare or Medicaid) is made and that the research service is beyond, apart from, and not related to any laws relating to medical services rendered to a Medicare or Medicaid patient.

Address: Date:

### SELF-HELP TREATMENT RESPONSIBILITY

You have a right to purchase magnets and do with them as you wish. You have a right to purchase information that is general in nature. The application of self-help does not constitute a medical order.

William H. Philpott, M. D. would appreciate periodic reports of your success. He can use this information in gathering research for publication.

I understand that I am taking responsibility for magnetic treatment if I engage in self-help, non-medical supervised therapy.

I understand that any of the general information that Dr. Philpott has prepared is not a medical order. I understand that any conversation that I have had or will have with Dr. Philpott is general in nature and is not to be construed as a medical order.

Name	Date
Mailing address	
City, State, Zip	

### INDEPENDENT, SELF-SUPPORTING RESEARCH DETERMINATION OF THE VALUES OF MAGNET THERAPY

There is a steady advancing application of magnetics for health maintenance as well as valuable therapeutic reversal of degenerative diseases. There is a great need to document the many values of the application of magnets for their therapeutic value. The FDA has classified magnetic application to humans as "not essentially harmful." William H. Philpott, M.D. is a chairman of an independent ethical Research Institutional Review Board which follows FDA guidelines for research in magnetics.

Therapeutic research format available:

1. A local physician provides William H. Philpott, M.D. with an initial statement of the research subject's condition prior to magnet therapy. After receiving this initial statement, Dr. Philpott prepares a magnet research protocol to be followed.

The local research monitoring physician makes the initial report and additional reports to Dr. Philpott at four month intervals.

For this consultation service of the research protocol, the initial and periodic communication with the monitoring physician and research subject there is a requested medical research gift of \$200.00. You will receive a receipt for a tax deductible medical research gift. Make your medical research gift payable to HOLOS INSTITUTES OF HEALTH, INC. Send the check or credit card number to William H. Philpott, M.D.

This \$200.00 medical research gift plus the research subject purchasing the magnets used in research makes it economically possible to proceed with self-supporting magnet research.

For research treatment guided by Dr. W. H. Philpott with you monitored by a local physician. Call, write or fax:

William H. Philpott, M.D. 17171 S.E. 29th Street Choctaw, OK 73020 405/390-1444 or fax 405/390-2968

### WILLIAM H. PHILPOTT, M. D.

17171 S.E. 29TH Street Choctaw, Ok 73020

405/390-3009 Fax: 405/390-2968

William H. Philpott, M.D., Chairman Institutional Review Board W. H. Philpott Magnetic Research

Research gift to HOLOS INSTITUTES OF HEALTH made by:

Name
Address
·
Phone
Date
Received by W.H. Philpott, M.D.
W.H. Philpott, M.D.
Date

HOLOS INSTITUTES OF HEALTH is an IRS-Registered, Tax Deductible 501C-3 Organization

## Cancer: The Cause, Prevention and Reversal

from the Magnetic Health Quarterly
"Cancer Prevention & Reversal," Vol.II, 4th Qtr, 1996
(Revision Update 2000, Revision Update 2004)
by William H. Philpott, M.D.

17171 S.E. 29TH Street Choctaw, OK 73020 405/390-3009 Fax: 405/390-2968 polarp@flash.net

General Information, Not a Medical Order No Claim of cure is promised. For Medical Supervision under a research program project, contact William H. Philpott, M.D.

MEDICAL SUPERVISION IS RECOMMENDED

### CANCER: THE CAUSE, PREVENTION AND REVERSAL

### THE CANCER SCOURGE

Cancer is a major cause of death in the United States. Cancer is the leading cause of death in the United States under the age of 54. Cancer incidence increases with age. So far, there has been no completely effective method of preventing or controlling cancer incidence. In the past 36 years, cancer has increased 36%. Two leading contributing factors to cancer are smoking and diet. Colorectal cancers are the most common cause of cancer in the industrial world. Less than one-third of the patients with colorectal cancer will survive five years. Surgery is the most effective treatment for colorectal cancer while chemotherapy is disappointing. Breast cancer was the leading cause of death in women until recently when it was surpassed by lung cancer. Lung cancer is the leading cause of death of both men and women in the United States. Cigarette smoking is the major cause of lung cancer. Skin cancer is the most common type of malignancy. Seventy-three percent of deaths from skin cancer are from melanomas. Prostate cancer has a high incidence in men.

### CANCER PREVENTION MEASURES

There are methods that are under voluntary control which can reduce the risk factors of developing cancer. They include such as 1) no use of tobacco, 2) no use, or moderate use of alcohol, 3) optimum nutrition associated with a high fiber diet, 4) optimum exercise, 5) prevention of sunburn or even prolonged exposure to sunshine, 6) prevent, and or, reverse symptom maladaptive reactions to foods, chemicals or inhalants.

Prevention and reversal of maladaptive reactions to foods, chemicals and inhalants has, up to the present, been a neglected area. The reason for this neglect is that knowledge of the mechanism of disordered physiology has not been widely documented in medical research and therefore physicians remain largely uninformed on the subject. I have observed that these maladaptive reactions consist of 1) immunologic reactions, 2) oxidoreductase enzyme inhibition state, 3) oxidoreductase enzyme deficiencies, 4) addiction withdrawal reactions, 5) reactions to toxins. The common denominator biological response to all of these maladaptive reactions is observed to be the production of acid and the reduction of oxygen (acid-hypoxia). This is highly significant since cancer can only develop in a tissue state of acid-hypoxia. Tissue injuries are also acid-hypoxic. Insect sting and reptile bites are also acid-hypoxic. Microorganism infections (viral, fungal, bacterial, parasitic) are also acid-hypoxic. Since cancer can only develop in acid-hypoxic tissues, any state producing acid-hypoxia is cancer-promoting.

IS CANCER MULTIPLE DISEASES OR A SINGLE DISEASE?

Traditionally cancer is viewed as multiple diseases with multiple causes and requiring multiple types of treatment for reversal. The reason for this is that there are multiple known carcinogens, multiple promoting causes, multiple tissue types of cancer and no single therapy (chemotherapy, hormone or surgery ) effective in all cancers.

The view that I have been lead to accept is that cancer is a single disease with a single common denominator cause and a single effective treatment. The single common denominator cause is acid-hypoxia and the single correction of acid-hypoxia is its replacement with alkaline-hyperoxia. Otto Warburg (1) was given a Nobel prize for demonstrating that acid-hypoxia is the condition necessary for cancer to develop and grow. Others have confirmed this (2, 3). Otto Warburg considered that there was no disease whose cause was better known. Despite the fact that his findings are well-published and that he considered the correct treatment for cancer was the reversal of acid-hypoxia and that these presentations were made at well-established cancer research organizations such as the National Institute of Cancer, his findings have not substantially influenced medical cancer research. This research continues to look for the toxic agents that can kill cancer before it kills other human cells and to otherwise destroy the cancer by physical means or surgically remove it.

M. Rose (4) observed that the energy concentrated by the body to heal or regenerate a limb in a small animal is the energy that heals cancer. This was discovered by implanting cancer at the joint of the limb of a small animal that is known to regenerate a limb and cutting this area. When the regeneration of that area occurred, the cancer died.

Arthur Trappier, etal (5) demonstrated that cancer cells exposed to a negative (south-seeking) magnetic field discourages the growth of cancer. Cancer cells exposed to the positive (north-seeking) magnetic field encourages the growth of cancer.

Robert O. Becker (6) demonstrated that it is a negative electromagnetic field (negative magnetic field) that is necessary for healing to occur. The body concentrates a negative '(south-seeking) magnetic field at the site of injury for healing. An external field from a static field permanent magnet or a static field from an electromagnet of this same negative (south-seeking) magnetic field will produce the same results as the body concentrating the negative (south-seeking) magnetic field at the site for healing.

A negative (south-seeking) magnetic field acts directly on the bicarbonate buffer system by which a normal alkaline state can be maintained. A negative (south-seeking) magnetic field serves as an energy activator for the oxidoreductase enzyme system which processes free radicals, peroxides, acids, alcohols and aldehydes. A negative (south-seeking) magnetic field releases oxygen from its bound state in these products. A negative (south-seeking) magnetic field provides the necessary alkaline-hyperoxia that is required to reverse cancer.

The normal human cell produces its adenosine-triphosphate (ATP) energy bond by oxidative phosphorylation which is alkaline and molecular oxygen (alkaline-hyperoxia) dependent.

The cancer cells, no matter what type of tissue cells these may be, produce their ATP by fermentation which is acid-hypoxic dependent. Furthermore, fermentation cannot function in the presence of alkaline-hyperoxia. Thus, the answer for the reversal of cancer is the replacement of acid-hypoxia with alkaline-hyperoxia. This is what Otto Warburg says has to occur in order for cancer to be reversed.

The biological response to a static negative (south-seeking) magnetic field is the production of alkaline-hyperoxia. Thus, a continuous exposure of the static negative (south-seeking) magnetic field

to a cancerous lesion reverses cancer. This is irrespective of the type of cancer this might be or what its initiating carcinogenic cause may be. This singular fact of replacing acid-hypoxia with alkaline-hyperoxia reverses cancer. My observations are that the cancer cells do not revert back to normal cells but instead they die. Tumors that are still present after treatment with the negative (south-seeking) magnetic field have been microscopically examined and found to be no longer neoplastic. If the tumor is a surface lesion, such as a melanoma, as the cancer tumor dies new skin will grow under the tumor and it will fall off. When microscopically examined, it is no longer carcinogenic.

GENERAL PRINCIPLE OF MAGNETIC THERAPY

Always use a negative (south-seeking) magnetic field . Local:

The higher the gauss strength, the better. The more continuous the magnetic exposure, the better. The longer the duration of exposure, the better. Neodymium (ceramic or plastiform) magnets have higher gauss strength than the iron oxide plastiform magnets. The plastiform iron-oxide or neodymium materials can be stacked to increase the gauss strength.

The size of the magnetic field needs to be larger than the lesion being treated. The larger the magnetic field, the deeper its penetration

### PLACEMENT AND DURATION:

Place the negative poled field of a static field permanent magnet directly over the cancerous lesion. The magnetic field needs to be larger than the lesion being treated. The 4" x 6" x 1/2" ceramic magnetic field penetrates deep enough to treat internal organs. The duration is 24-hours a day for a minimum of three months and in some cases may need to be longer. There can be brief periods of removal for taking a bath, etc. When the cancerous lesion is in the upper abdomen, the magnetic field needs to be removed from the upper abdomen for 1 to 1-1/2 hours post-meal in order to allow for food to pass from the stomach to the small intestine and from the small intestine to the large intestine.

When sitting down, sit on a magnetic chair pad that has magnets in the seat and the back. Place under this seat a 4" x 6" x 1/2" magnet far enough back to radiate into the rectal/genital/pelvic area. During the waking period, place a 5" x 6" double magnet, multimagnet flexible mat over the heart. This can be held in place by pinning it to the underwear or by placing two super neodymium disc magnets in separate places over the outer wear which would magnetically hold the mat in place.

At night, use the same pad placed across the face with the 5" extending from the forehead to the tip of the nose. This is held in place with a 2" x 26" headband. Place on top of this, directly over each eye, a super neodymium disc magnet which is "1 x 1/4". This will stimulate the retina of the eyes to produce melatonin. If there is any pressure in the eyes (glaucoma) then use a 5" x 12" double magnet, multi-magnet flexible mat with the super neodymium disc magnets placed on the side of this mat to the side of each eye.

It is wise to sleep with a magnetic multi-purpose pad which is 14" x 25" up over the abdomen, heart and chest. The wall of the intestinal tract is known to produce melatonin. Thus, this will encourage the production of melatonin.

At night during sleep, sleep on a negative poled magnetic bed pad. This magnetic bed pad is composed of mini-block magnets 1-7/8" x 7/8" x 3/8" placed an inch and one-half apart. Place on top of this an egg crate type foam pad. Also when asleep at night, have the head in a negative (south-seeking) magnetic field from a wooden carrier that holds the magnets up against the headboard. There are four of these magnets that are 6" long, 4" wide and 1" thick placed in a row 3/4" apart. These magnets will not only provide deep, energy-restoring sleep but will stimulate the pineal gland to produce melato-

nin. Melatonin is very important in the prevention of cancer. The hormone melatonin is known to have anticancer values. Thus, we are encouraging the production of melatonin by the pineal gland, the retina of the eyes and the wall of the intestinal tract.

At night when asleep, also place a 5" x 12" double magnet, multimagnet flexible mat across the low abdomen-pubic area. Center on top of this mat, a 4" x 6" x 1/2" magnet with the 6" lengthwise the body. This can be held in place with the 4" x 52" body wrap.

#### BEYOND MAGNETISM:

There should be no use of tobacco. No use of caffeine. No use of alcohol. The food should be rotated on a four day basis. This leaves out of the diet foods that have been eaten with a frequency of two or more times a week. These can usually be returned to the diet after three months if they are kept in this diet with a frequency of no more than once in four days. My booklet, *Health Strategies* describes the details of the 4 Day Diversified Rotation Diet and should serve as the guide for this diet. The reason for this diet is to stop episodes of acid-hypoxia that may be occurring in specific tissue which would encourage the development or spread of cancer. These maladaptive reactions also have a systemic acid-hypoxic affect. The goal is to keep the body, both local and systemically, in a state of normal alkaline hyperoxia in which cancer will not only be prevented but will die and be prevented from spreading.

### GENERAL PRINCIPLES OF CANCER PREVENTION ORIENTATION:

All known substances that lead to cancer such as tobacco, alcohol, pesticides and industrial contaminants that are known to be carcinogenic are to be avoided as near as possible. No tobacco, alcohol or caffeine should be used. Many of the non-steroidal anti-inflammatory agents that are used for pain or inflammation suppress the production of melatonin and should not be used. They especially should not be taken at night before going to bed since this would suppress the production of melatonin. As near as possible, pains, inflammatory reactions and infections should be appropriately treated with a negative (south-seeking) magnetic field. Nutrition should be made optimum and it would especially be valuable to rotate into the diet essential and unsaturated fatty acids from a variety of sources. Not only should there be a systemic treatment that keeps the body in its normal alkaline-hyperoxic state, but also especially treat the most vulnerable areas of the body known to develop cancer.

Local treatment for vulnerable areas:

During the waking state, it would be wise to sit on a magnetic chair pad that has magnets in the seat as well as the back. During the waking state, it would be wise to wear a 5" x 6" double magnet, multi-magnet flexible mat over the heart.

Sleep is the most convenient time to treat local areas for a period of hours. It is also the most logical time to treat these areas since this is the time when melatonin is raised. Melatonin is only made at night in the dark where there is no 60 cycle per second electric pulsation. Therefore, there should be total darkness. If this cannot be provided then place a pad over the forehead and the eyes to prevent light from entering the eyes or being on the forehead. There are three areas where melatonin is made. One is the pineal gland in the center of the head. Another is the retina of the eyes and a third is the wall of the intestinal tract. These can all be treated at night during sleep. The pineal gland is treated by having magnets in a carrier up against the headboard, thus providing radiation of a negative (south-seeking) magnetic field into the head which is known to stimulate the pineal gland to produce melatonin. Treating the eyes with a magnetic eye treatment unit will also encourage the production of melatonin by the retina of the eyes. The Vitality Sleeper up against the headboard will have a magnetic field that penetrates into the head and stimulates the pineal gland to produce melatonin and the hypothalamus to produce growth hor-

mone. Some sleep very well with a 4" x 6" x 1/2" magnet up against the side of the head. It is best to cushion this by placing a 5" x 6" double magnet, multi-magnet flexible mat up against the side of the head first with the 4" x 6" x 1/2" magnet over the mat. When laying on the back, this can be leaned up against either side of the head. When laying on the side it can be on the side of the head that is not on the pillow or be placed on the back of the head. Some find it valuable to place a 5" x 12" double magnet, multi-magnet flexible mat under the pillowcase so that their head is resting on this mat. If they are on their back it is on the back of the head. If they are on their side, it is on the side of their head. The value can be further increased by reinforcing this mat with six mini-block magnets placed on the positive (northseeking) pole side. Place these mini-block magnets crosswise the mat 1-1/2" apart. They will magnetically adhere to the mat. The intestinal tract can be stimulated to produce melatonin by two methods. One is to place over the abdomen a 14" x 25" magnetic multi-purpose pad. It can thus cover the pelvic area, the abdominal area, the lungs, breasts and heart. It is well to sleep with this over these areas. Even when turning on the side, it can still be kept near to these areas. The subject should also sleep on a magnetic bed pad. Over this bed pad should be placed an eggcrate type foam pad. If the breasts have any sore areas, they should also be treated during the daytime by using a 5" x 6" or a 5" x 12" double magnet, multi-magnet flexible mat. It would be well to place a super neodymium disc magnet on top of this mat directly over the sore area or a ceramic disc which is 1-1/2" x 3/8" on top of the mat directly over the sore area.

### THEY WERE RIGHT

Otto Warburg was right in his assessment that cancer requires fermentation in an acid-hypoxic medium in order to develop. Otto Warburg was right in stating research in cancer prevention and reversal should focus on alkaline-hyperoxia replacing acid-hypoxia. This is the same as saying that the biological abnormal production of ATP by fermentation needs to be replaced by the normal production of ATP by oxidative phosphorylation. Otto Warburg was right in assuming that fats could increase oxidation and thus reverse cancer.

Dr. Johanna Budwig was right in following up on Otto Warburg's work using cis levofats and levosulphur containing amino acids to increase oxidation.

M. Rose was right in observing that the magnetic energy concentrated in the body to heal and regenerate a limb in a small animal is the energy that heals cancer.

Robert Becker was right in observing that the positive electromagnetic field is the biological signal of injury and that the electromagnetic negative field governs healing. This magnetic negative (south-seeking) field healing effect also applies to cancer reversal (healing).

Albert Roy Davis was right in observing that the biological response of exposure to a negative (south-seeking) magnetic field is the production of alkaline-hyperoxia. Albert Roy Davis was right when he observed the reversal of cancer by exposure to a negative (south-seeking) magnetic field.

Kenneth McClain was right 22 years ago when he described to me the reversal of cancer with the use of magnetic field therapy. He phoned me stating he had some amazing findings he wished to describe to me. I was passing through New York City with a layover between planes. He came to the airport and enthusiastically described to me the reversing of cancer using static field magnetics. I was not researching cancer at the time and had no idea I would later be researching the application of magnetics to cancer. I treated his information with curiosity but also with indifference. Thus, I can appreciate those scientific researchers and lay persons who respond to hearing about magnetic therapy as an interesting curiosity but only worthy of indifference. We have all been wrong and Otto Warburg was

right. The cure for cancer is the replacement of acid-hypoxia with alkaline-hyperoxia.

Arthur Trappier, etal, were right when they demonstrated that cancer cells exposed to a negative (south-seeking) magnetic field discourages the growth of cancer and that cancer cells exposed to a positive (north-seeking) magnetic field encourages the growth of cancer. This is a peer reviewed medical journal article and thus a scientifically acceptable objective observation. Thus, we do have a peer review medical journal article indicating that a negative (south-seeking) magnetic field is capable of reversing cancer. A negative (south-seeking) magnetic field has been proven to reverse cancer. My objective observations confirm this.

### NEGATIVE STATIC MAGNETIC FIELD FORMULATION FOR TREATING CANCER

- 1) The biological response to a negative static magnetic field activates the bicarbonate buffer system as well as energy actives oxidoreductase enzymes to release molecular oxygen from its bound state in free radicals, peroxides, acids, alcohols and aldehydes thus, producing alkaline-hyperoxia which in turn inhibits acid-hypoxia fermentation production of ATP with alkaline-hyperoxia production of ATP by oxidative phosphorylation.
- Under the biological conditions of alkaline-hyperoxia, the acid-hypoxia dependent cancer cells die. My observation microscopically confirmed that cancer cells do not revert back to normal, but instead, die.
- 3) The direct application of a static negative (south-seeking) magnetic field from either a static field permanent magnet or an electromagnet kills cancer cells. This treatment produces no toxicity and in fact processes toxins and does not produce any symptoms.
- The negative (south-seeking) magnetic field has to be larger than the lesion being treated.
- 5) The negative (south-seeking) magnetic field needs to be near continuous exposure.
- 6) The minimal time for cancer reversal under treatment with a negative (south-seeking) magnetic field is three months. Some require longer. This has especially been noted after injury from x-ray treatment.
- 7) Cancerous tumors that have been killed by a negative (south-seeking) magnetic field are not always absorbed and may show on MRI or x-ray tests. These tumors are dead and there is no need to remove them surgically. Several have been removed after magnetic therapy and found to be non-malignant.
- 8) The use of cis levofats and levosulphur containing amino acids can complement negative (south-seeking) magnetic field therapy for cancer.

The 4 Day Diversified Rotation Diet provides an assortment of sources of essential unsaturated fatty acids. These unsaturated fatty acids should be either cold-pressed or unprocessed. Some of these sources include flax seed oil (linseed oil), walnut oil, pumpkin oil, soy oil, fish oils, evening primrose oil, and so forth. These cis unsaturated fatty oils refract light counterclockwise, the same as a negative (south-seeking) magnetic field. Therefore, cis essential fats provide the same oxidation value as a negative (south-seeking) magnetic field. Cis fats and a negative (south-seeking) magnetic field complement each other. To achieve their optimum value, these essential fats also need sulphur-containing proteins. Some of the most valuable sources are cottage cheese, yogurt, and ricotta cheese. Whenever the rotation day calls for these, one or the other of these should be used if they are tolerated. Ricotta cheese is the most tolerated of these dairy products.

9) Any system or combination of systems that a) replace acidhypoxia with alkaline-hyperoxia, b) optimizes nutrition, and c) detoxifies toxins is capable of killing cancer. Negative static magnetic field therapy alkalinizes, oxygenates, reverses the reduced end-products

of oxidation production of superoxides, peroxides, acids, alcohols and aldehydes, detoxifies and thus kills cancer. Beyond magnetic therapy, nutrition needs to be optimized.

### CASE HISTORY EVIDENCE OF VALUE

An M.D., anesthesiologist, knew he had chronic hepatitis from an accidental needle stick from a patient with hepatitis. His abdomen was rapidly enlarging and he was becoming weak. An oncologist diagnosed him as having cancer of the liver and spleen. The lesions were so large they were meeting in the middle. Fetoprotein was present with a high titer. He was offered no help due to the extent of liver involvement. He was given an estimated 5-6 months of life.

He read the chapter on magnetics in the book, *Alternative Medicine*, by Future Medicine Publishers (1993). He called my office but I was out of town. He proceeded on his own to purchase two 4" x 6" x 1/2" ceramic magnets. He placed one over the liver and one over the spleen. I had no contact with him until several months later when he called to thank me for the information on magnetics which reversed his cancer. The liver and spleen had receded. The fetoprotein had completely disappeared. His energy had returned and he had not missed as much as a day of work. His comment was, "my fellow physicians will have a hard time believing this". This occurred seven years ago. Being a physician, he proceeded to help himself with no more than information on magnetics in a chapter in a book. I advise all cancer patients to be under medical supervision and be a party to a research project following FDA guidelines.

### WHERE DO WE GO FROM HERE?

- 1.I am convinced that magnetic therapy for cancer will become established as a first choice. This will require sufficient, tightly controlled research statistics which are published in peer review journals. This is a prolonged and costly endeavor which is in process. Current studies provide convincing information giving the rational for direction but have too many variables to satisfy critics.
- 2. Single isolated (non-metastatic) lesions are easily treatable with a high degree of success.
  - 3. Obstructional lesions and metastatic lesions limit success.
- 4. Does a higher gauss strength than available from static field permanent magnets reduce the time and or frequency of the treatments? There are studies in progress using a higher gauss strength produced by an electromagnetic to determine if an hourly, daily, several times a day or week, or an all night treatment can be used to successfully treat cancer.
- 5.I fondly hope that the degree of understanding that we have and its success we have observed will inspire multiple efforts by multiple well-funded research projects to venture into magnetic research for the prevention and reversal of cancer.
- 6.A 4 Day Diversified Rotation Diet leaving out foods used as often as twice a week for the first three months will materially reduce maladaptive food reactions. This will support the immune system. See *The Ultimate Diet* Quarterly by William H. Philpott, M.D.
  - 7. Nutrition should be optimized by supplementation.
- 8. Brain tumors can be treated with the Magnetic Brain Tumor Unit.

### 9. Multiple metastasis can be treated with the 70 magnet bed. WHAT MAGNETIC THERAPY IS

Magnetic therapy is magnetic-electron-enzyme catalysis therapy. Static magnetic fields move electrons which rotate resulting in a magnetic-electron energy field. Static negative magnetic field electrons spin in a 3-dimensional spiral counterclockwise rotation. In a static positive magnetic field, electrons spin in a 3-dimensional spiral clockwise rotation. A positive magnetic field energizes acid-dependent enzymes. A negative magnetic field energizes acid-dependent enzymes.

gizes alkaline-dependent enzymes. Biological response to a positive magnetic field is acid-hypoxia. Biological response to a negative magnetic field is alkaline-hyperoxia. Alkalinity maintains calcium and amino acid solubility and reverses insoluble deposits of calcium and amino acids in such as arteriosclerosis, spinal stenosis, around joints, amyloidosis, Alzheimer's, etc.

The energy activation of biological enzymes is magnetic therapy.

#### WHAT MAGNETIC THERAPY DOES

The biological response to a static positive magnetic field is acid-hypoxia. The biological response to the static negative magnetic field is alkaline-hyperoxia. Positive magnetic field therapy is limited to brief exposure to stimulate neuronal and catabolic glandular functions. Positive magnetic field therapy should be under medical supervision due to the danger of prolonged application, producing acid-hypoxia.

Negative magnetic field therapy has a wide application in such as cell differentiation, healing, production of adenosine triphosphate by oxidative phosphorylation and processing of toxins by oxidoreductase enzymes and resolution of calcium and amino acid insoluble deposits. Negative magnetic field therapy is not harmful and can effectively be used both under medical supervision and self-help application.

Some of the values of magnetic therapy are:

- Enhanced sleep with its health-promoting value by production of melatonin.
  - Enhanced healing by production of growth hormone.
- Energy production by virtue of oxidoreductase enzyme production of adenosine triphosphate and catalytic remnant magnetism.
- Detoxification by activation of oxidoreductase enzymes processing free radicals, acids, peroxides, alcohols and aldehydes.
- Pain resolution by replacing acid-hypoxia with alkalinehyperoxia.
- Reversal of acid-hypoxia degenerative diseases by replacement of acid-hypoxia with alkaline-hyperoxia.
- Antibiotic effect for all types of human-invading microorganisms.
- Cancer remission by virtue of blocking the acid-dependent enzyme function producing ATP by fermentation.
- Resolution of calcium and amino acid insoluble deposits by maintaining alkalinization.
- Neuronal calming providing control over emotional, mental and seizure disorders.

"Magnetic therapy has been observed to have the highest predictable results of any therapy I have observed in 40 years of medical practice." William H. Philpott, M.D.

THE ROLE OF MAGNETICS IN THE ENZYME FUNCTION

All biological enzyme functions (catalysis) in a living biological system are magnetic energized. There is a measurable catalytic remnant magnetism to enzyme function in live biological systems. Four oxidoreductase enzymes are needed to produce adenosine triphosphate (ATP) from foods. During these enzyme processes, there are two energies being made. One is ATP and the other is oxidation remnant magnetism. Both of these energies are used for the energy activation of enzymes. There are thousands of the enzymes, each with its own selective function. These are named according to their functions. Oxidoreductase enzymes are a family of enzymes with specific necessary functions. These enzymes have the following functional values. They produce ATP and catalytic remnant magnetism and they process the end-products of the metabolic process which are initially the free radical called superoxide

which is oxygen with an added electron. If not rapidly enzymatically processed, it will produce peroxides, acids, alcohols and aldehydes all of which are enzymatically toxic, that is inflammatory-producing.

In order for us to understand biological life energy, we must understand the starting point of that energy. Thus, we must understand the functions of oxidoreductase enzymes. We have enzymes and the substrates which they are processing. In the case of producing ATP, the substrate is a food. In the case of processing the toxins or inflammatory producing substances, the substrate are the free radicals and the products they produce. There exists a natural tendency for the enzyme and the substrate to join. These areas that have a biological attraction to join are called dipoles. However, this attraction all by itself does not produce enzyme action. These are simply the areas where the enzymes and the substrates do line up and join. Otherwise, there has to be an energy. This characteristically comes from static electrons that are in the body. They help move the enzyme and the substrate together. Once they move, now a magnetic field is created because this is what a magnetic field is all about. It is produced by the movement of electrons. Also, a magnetic field from an external source that is a static magnet field will also produce the movement of electrons. This is why an external source of a static magnetic field will cause the enzyme and the substrate to join because it is moving electrons.

The essence of static magnetic field therapy is the energy activation of enzymes to join substrates for catalysis. In the case of oxidoreductase enzymes, they are alkaline-hyperoxia dependent and do not require ATP for energy activation but do require a static negative magnetic field energy for catalytic activation.

ATP is an energy activator of many enzymes. In alkalinehyperoxia, ATP dependent enzyme catalysis, a negative magnetic field is a co-factor with ATP as an enzyme energy activator. This is all human enzymes other than those of the mouth and stomach.

In acid-hypoxia dependent enzymes as well as transferaces, ATP and a positive magnetic field are energy co-factors. Invading microorganisms and cancer cells are acid-hypoxic dependent for making their ATP.

Thus, a static negative magnetic field strengthens the human cell alkaline-hyperoxic dependent energy state and defeats the acidhypoxic dependent state of cancer cells and invading microorganisms (bacteria, viruses, fungi and parasites).

### MAGNETIC DYNAMICS OF THE DEGENERATIVE DISEASE PROCESS

The central disorders of acute maladaptive reactions are: 1) acidity, and 2) oxygen deficit. Monitoring the biochemical disorders of chronic degenerative diseases reveals the same disorders as acute maladaptive reactions which is acid-hypoxia. Chronic degenerative diseases are observed to be acute maladaptive reactions extended in time to a chronic state with the resultant cellular damage. The contrast between the well cells of the healthy, functioning person and the sick cells of degenerative diseases provides valuable clues as to how magnetics can substantially aid in recovery of inflammatory degenerative diseases, infections from microorganisms and cancer.

In the process of oxidative phosphorylation producing adenosine triphosphate (ATP), molecular oxygen accepts an electron and becomes free radical oxygen ( superoxide). If not immediately enzymatically reversed, superoxide proceeds to produce other free radicals, peroxides, oxyacids and aldehydes. These are all inflammatory. The oxidoreductase family of enzymes have the assignment of making ATP by oxidative phosphorylation and at the same lime, processing the end-products of this oxidation phosphorylation process. This oxidoreductase family of enzymes are alkaline-

hyperoxic-negative magnetic field activation dependent. When these 3 physiologically normal factors are not present, then cellular ATP is made by fermentation. The 3 factors necessary for fermentation to produce ATP are: 1) acidity, 2) lack of oxygen, 3) a positive static magnetic field as an enzyme energy activator. Human cells have the capacity to make ATP by either oxidative phosphorylation or fermentation. Cellular fermentation producing ATP only functions in the abnormal state of acidity and hypoxia. The enzymes catalyzing fermentation production of ATP are transferases which are acid-hypoxic-positive-static magnetic field activation dependent. Sugar is catalyzed by transferase producing ATP, alcohols, acids and carbon dioxide. Hydrolase enzymes catalyzes starches to sugars. Hydrolase also is acid-hypoxic-positive static magnetic field energy activation dependent.

A static magnetic field is the energy activator of all biological catalytic processes. When oxidative phosphorylation catalyzes the production of ATP this catalytic reaction makes negative static field magnetism termed oxidation remnant magnetism. This negative static magnetic field is available to energize oxidoreductase enzyme catalysis and at the same time, block transferase and hydrolase catalysis. Besides the biological available negative static magnetic field from oxidation remnant magnetism, there is an always present electrostatic field (1). In an alkaline medium the electrostatic field produces a negative static magnetic field which energizes oxidoreductase catalysis. In an acid medium, an electrostatic field produces a positive static magnetic field which in turn energizes transferases and hydrolases. Both oxidation phosphorylation and fermentation catalysis are static magnetic field energized. However, they are energized by opposite magnetic poles. Oxidation phosphorylation is energized by a negative static magnetic field in an alkaline-hyperoxic medium. Fermentation is energized by a positive static magnetic field in an acid-hypoxic medium. A static magnetic field is required for the enzyme and the substrate to attach. A static magnetic field present during enzyme catalysis has been documented (2).

ATP made by fermentation with its acid-hypoxic medium cannot maintain human biological life energy. ATP made by fermentation can maintain the life energy of microorganisms such as bacteria, fungi, viruses, parasites and cancer cells. The secret to reverse acute maladaptive symptom reactions, prevent and reverse microorganism infections, maintaining human biological health and providing for the reversal of degenerative diseases is to maintain a normal alkaline body pH, hyperoxia and an adequate negative static magnetic field. The biological response to a negative static magnetic field can maintain these necessary components of healthy human cells. Thus it can be understood that exposure to an external source of a negative static magnetic field supports human health and materially aids in reversal of inflammatory degenerative diseases, cancer and the defense against microorganism invasion. This external negative static magnetic field can be applied to local affected areas as well as applied systemically by such as a negative static magnetic field bed.

1) Encyclopedia Britannica. Vol 15, page 1060. 1986 edition

### 2) Fersht, Alan. Enzyme Structure and Mechanism ECOLOGY OF DIABETES MELLITUS TYPE II

Non-insulin dependent type II diabetes mellitus is caused by maladaptive reactions to foods. These maladaptive reactions to foods are IgG allergies and addictions. To a less extent, there are toxic reactions to environmental substances. These maladaptive reactions to foods are determined by deliberate test meal exposures to single foods. Food allergy and food addictions are central to the cause of diabetes mellitus type II. The allergic or addictive reactions to foods

Medical data is for informational purposes only. You should always consult your family physician, or one of our referral physicians prior ellular swelling in which insulin cannot do its job of trans- (Alzheimer's disease).

cause cellular swelling in which insulin cannot do its job of transporting the sugar into the cells. The deliberate single test meal exposures to foods is preceded by five days of avoidance. The hyperglycemic reaction occurs within an hour of test exposure to a single food. When these hyperglycemic foods are removed, the diabetes no longer exists. After avoiding these foods for a period of three months, they can be placed in a four or seven day rotation diet. Ninety-five percent of the time, there will be no hyperglycemic or other symptom reactions occurring as long as the rotation diet is maintained. It is surprisingly easy and highly effective to manage type II diabetes mellitus with a four or seven day rotation diet. Diabetes mellitus is a systemic disease and therefore needs to be treated systemically with a strong negative magnetic field. To this systemic treatment, a local magnetic treatment is used for symptom management and local disease injury areas.

There is a magnetic method of treating the heart, liver and head for 30 minutes before a meal which prevents the maladaptive food reactions. With this pre-meal and during the meal magnetic exposure, the subjects start the rotation diet without a three month period of avoidance of hyperglycemic reactions to foods.

### MAGNETIC CARDIAC RHYTHM PACER

### Case History

An 83-year-old man with an irregular heart rhythm. There were two or more skipped beats per minute and runs of skipping every other beat. It required three months of 24 hour a day treatment of a negative magnetic field from a 4" x 6" x 1/2" magnet to permanently reverse the irregular pulse.

After reversing the irregular pulse, he wore a 4" x 6" x 1/2" magnet over his heart at night only. Occasionally, by the end of the day, his heart rhythm became irregular. Replacing the magnet over his heart would usually normalize the heart rhythm within 30 minutes. However, on occasion, it required up to three hours of continuous negative magnetic field treatment of the heart before it would normalize its rhythm.

### **FUNCTIONS:**

The biological response to a negative magnetic field is alkaline-hyperoxia. A negative magnetic field attached to bicarbonates activates their alkalinity response. A negative magnetic field activation of oxidoreductase enzymes releases oxygen from free radicals, peroxides, acids, alcohols, aldehydes and other enzyme toxins. Calcium and amino acids are soluble at the physiological alkalinity of the blood in body tissues and becomes insoluble deposits in an acid medium (Klonowski, W. and Klonowski, M. "Aging Process and Enzymatic Proteins," Journal of Bio-Electricity, Vol IV, Issue 1, 1985, pages 93-102). Atherosclerosis and arteriosclerosis are composed, among other things, as deposits of insoluble amino acid gels and insoluble calcium deposits. A negative magnetic field treatment of the heart achieves two goals, 1) the immediate response of replacing the symptom-producing acid-hypoxia with symptomrelieving alkaline-hyperoxia and, 2) with prolonged exposure of the heart to a negative magnetic field, resolving the acid-hypoxia produced insoluble residues of calcium, amino acids and other compounds. The sustained negative magnetic field with its alkalinehyperoxia biological response, slowly reverses the insoluble deposits in arteries so that they are clear of obstructive deposits. Mechanisms of a negative magnetic field biological response of alkalinehyperoxia reversing acid-produced insoluble deposits is an observed objective fact. The negative magnetic field reversal of calcium insoluble deposits also apply to spinal stenosis, deposits of calcium around arthritic and injured joints, calcium deposits in infected tissues and so forth. The negative magnetic field reversal of amino acids and insoluble deposits also apply to amyloid deposits of organs and body tissues including amyloid deposits in the brain

#### RESOLUTION OF CARDIAC ATHEROSCLEROSIS

A 71-year-old physician had cardiac surgery of seven bypassed arteries. One artery not bypassed was 50% occluded. For nine months, he wore a 4" x 6" x 1/2" ceramic block magnet over his heart 24 hours a day with the negative magnetic field facing his body. Nine months later, a study of his heart revealed that the artery that was 50% occluded is now 100% open. He was also sleeping on a bed of 4" x 6" x 1" magnets with the negative pole facing his body. A leg that had lost all feeling has now regained normal feeling.

### PLACEMENT AND DURATION:

Place the negative magnetic field of the 4" x 6" x 1/2" magnet over the heart with its 6" lengthwise the body. Hold in place with a 4" x 52" wrap. Place a 2" x 26" band across the left shoulder with Velcro fastened to the body wrap. Mild cases will treat only at night during sleep. Severe cases should treat 24 hours a day.

### NEGATIVE MAGNETIC FIELD ANTIBIOTIC EFFECT

A woman with severe gastrointestinal symptoms was stool cultured for pathological bacteria and fungi as well as normal bacteria flora. Three months after sleeping on a bed composed of seventy 4" x 6" x 1" magnets, the gastrointestinal flora was again cultured. The pathological bacteria and fungi flora were absent and a normal friendly bacteria flora was flourishing.

### **CONCLUSIONS**

A negative magnetic field strengthens the human body's antibiotic value against invading pathological microorganisms.

MAGNETS USED:

Two 1 1/2" x 1/2" ceramic disc magnets with a 2" x 26" band PLACEMENT AND DURATION:

The ceramic disc is useful for local infections that are no more than 1 1/2" across.

FOR SYSTEMIC INFECTIONS such as the herpes family of viruses such as Epstein-Barr, cytomegalo, human herpes virus #6 or other diseases of either virus origin, bacterial or fungal origin which are systemic in nature, use the following:

A 70-magnet bed composed of magnets that are 4" x 6" x 1". Thirty-five of these are placed in a wooden grid, 36" square which weighs 200 pounds. Two of these grids are placed end to end producing a bed 36" x 72".

A super magnetic head unit composed of twelve 4" x 6" x 1" magnets.

"These items are over 400 pounds of weight. Shipping is determined by the distance that it is shipped.

### PLACEMENT AND DURATION:

Sleep on this 70-magnet bed all night and preferably return to the bed one hour, four times during the day for the first three months of treatment. Place a 2" eggcrate type foam pad over the magnetic bed. After the three months are completed, continue to sleep on this bed. At this time it could be placed under a 4" mattress pad if desired. Sleeping nightly on this bed should be a continued lifestyle.

SUCCESS STORY

### **SCHIZOPHRENIA**

A schizophrenic in his 20's was depressed and anxious with visual and auditory hallucinations and delusions which were not managed by tranquilizers and antidepressants. He slept on a super magnetic bed composed of 70 magnets 4" x 6" x 1" with a negative pole facing his body. He also slept with his head in the super magnetic head unit composed of twelve magnets, 4" x 6" x 1 ". He managed his foods by using disc magnets on his head and a 4" x 6" x 1/2" magnet on his chest and epigastric area for 30 minutes before each meal. He sat up a 4 day diversified rotation diet. In this, he also used no caffeine, no tobacco and no alcohol and was not on

tranquilizers or antidepressants. He used the 1-1/2" x 1/2" disc magnets placed bitemporally for any immediate symptoms.

Three months later, his mother reported to me that he was symptom-free. She proceeded to order the super magnetic bed for other members of the family.

SUCCESS STORY

#### **SCHIZOPHRENIA**

This is a 23-year-old man diagnosed with schizophrenia having symptoms of depression and auditory hallucinations. At age 11, he was diagnosed as having attention-deficit disorder. This has now progressed to the point of major mental symptoms. He has been under treatment for better than one year. He sleeps on a bed of 70 magnets that are 4" x 6" x 1". He sleeps with his head in a magnetic head unit composed of 12 magnets that are 4" x 6" x 1". He uses ceramic disc magnets that are 1-1/2" x 1/2" placed bitemporally for any symptoms. He has an apartment separate from the family which is near the university he attends. He is making excellent grades.

For verifying information, call his mother, Emily Alcorn. 281/347-4490. Call after 5pm, Central time.

### MAGNET THERAPY SUCCESSES

SLEEP APNEA INSOMNIA MIGRAINE HEADACHES PAIN, ACHES AND CRAMPS

Dear Dr. Philpott,

I am writing to let you know the results from the use of the magnets you prescribed. I have also rotated my diet for 8 years. I use alkaline micro negative ionized water with an alkaline pH which I get from an electrolysis machine I purchased about 2 years ago. I do not use drugs, alcohol, tobacco, caffeine or carbonated soft drinks.

My husband had a bad case of sleep apnea and insomnia for years. After sleeping on the magnet mattress pad and headboard system for a week, almost all of his symptoms are gone. He rarely wakes up until morning and his breathing is much more normal with little snoring or other noises he used to make. He is so happy about it!

My results are also exciting. I followed your instruction to wear the 4" x 6" x 1/2" magnets over my liver and heart as well as the disc magnets over my temples 15 minutes before mealtimes and during the meals. As long as I do this, I am able to eat anything and suffer no horrendous migraine headache. There were at least 39 foods containing tyramine which caused my headaches. I forgot to wear the magnets several times and got migraines as a result. Your magnet prescription is a Blessing of God and a Miracle to me to be able to keep the migraines away.

The result of wearing the magnets before mealtimes is that I am now able to take vitamin E that I was allergic to before. I was having awful hot flashes multiple times a day for 8 years and felt bad when one took me down for 5 minutes each time. I am rarely having the hot flashes now. It is wonderful!

Another nice benefit is the pain relief from minor pains such as cramps, stomach aches, ear aches, etc. We have found that pain is often relieved by placing a magnet over the pain for a short while. With Gratefulness,

### ACID-HYPOXIC FACTORS IN CANCER

Otto Warburg was given a Nobel prize for the discovery that cancer makes its adenosine triphosphate by the process of fermentation. Fermentation requires acidity and hypoxia in order to function in making ATP. Since acid-hypoxia is required for cancer to make its ATP, it is also observed to be the vulnerable point for the death of cancer. Cancer cannot survive in an alkaline-hyperoxia

medium. It can't make its energy in an alkaline-hyperoxia medium. Therefore the answer for the reversal of cancer is a sustained alkaline-hyperoxia. This can be achieved with the use of a negative magnetic field since the biological response to a negative magnetic field is alkaline-hyperoxia.

Cancer dies 100% of the time in a sustained alkaline-hyperoxic medium. Since this is true, why is it that we cannot achieve 100% results of the reversal of cancer with the application of a negative magnetic field? The reason for this is not that cancer can survive in an alkaline-hyperoxic medium produced by a negative magnetic field, but that the subject sometimes brings to the therapy a state of non-survival. Important are nutritional needs, hydration needs, and functional level of survival for critical tissues such as bowel function, absorption of nutrients, liver function, respiratory function and obstructions of vital areas are important deterrents to success in any program. Pressure on the aqueduct for fluid flow between the ventricles in the brain and spinal fluid is a must. A person cannot survive with hydrocephalus. Bowel obstruction is a great deterrent and some of those with bowel obstruction cannot survive the necessary surgery for the removal of this bowel obstruction. The attempt to keep the bowel open when it is largely closed with a tumor is a battle that most of the time is not won. Liver function depleted and obstruction of the bile flow are serious deterrents to survival. Obstruction of respiration with tumors in specific areas that compromise the amount of oxygen being received by the lungs is a serious deterrent which sometimes cannot be reversed fast enough for survival. Some of these are so obstructive that they would not survive surgery for the removal of the obstruction. So in spite of the fact that cancer dies 100% of the time in the presence of alkaline-hyperoxia produced by a negative magnetic field, the survival rate cannot be 100% since the subject does not bring to the therapy a biological survival capacity irrespective of what the treatment may be.

### CANCER REMISSION

Henry Thompson is a 78-year-old man with cancer of the prostate with multiple metastasis to bones. He slept on a 70-magnet bed composed of magnets that are 4" x 6" x 1". The AMAS blood test was originally positive for cancer. After sleeping on a 70-magnet bed for several months, the AMAS tests have all been normal, showing no evidence of cancer.

### **BRAIN TUMOR REMISSION**

An 88-year-old woman lost much of the function of her left arm. She staggered when she walked. She is a musician and could no longer play the piano. CT scan revealed a tumor on the right side of her head. She was treated with a super magnetic head unit composed of twelve 4" x 6" x 1" ceramic magnets in a wooden frame surrounding her head. She slept all night with her head in this super magnetic head unit and returned for one hour, four times a day during her waking period. At three months, all her functions had returned to normal. With enthusiasm, she played the piano while I listened on the phone. At six months, a CT scan documented that there was no longer a tumor in her brain. No surgery was done and thus there was no pathological cellular report of the tumor.

NORTH OAKLAND MEDICAL CENTERS RADIOLOGY SERVICES

**461 WEST HURON** 

PONTIAC, MI 48341

CT OF BRAIN WITHOUT AND WITH CONTRAST EXAM DATE: 6/11/02 CLINICAL INFORMATION: Memory loss, confusion, headaches.

IMPRESSION: VAGUE AREA OF VASOGENIC EDEMA WITHIN THE RIGHT POSTERIOR TEMPORAL PARIETAL

LOBE WITH FAINT PATHOLOGIC ENHANCEMENT REPRESENTS AN INTRA-AXIAL MALIGNANT NEOPLASM. MRI EXAMINATION IS RECOMMENDED FOR ADDITIONAL EVALUATION. THESE RESULTS WERE RELAYED DIRECTLY VIA TELEPHONE CONVERSATION TO DR. IMAD MANBOOR AT THE TIME OF THIS DICTATION.

Providence Hospital and Medical Centers

(12-19-02) Patient returns in follow-up. She underwent a CT scan of the head on 12-13-02 that revealed no evidence of enhancing mass or extra-axial fluid collection. There is an old infarct versus an area of volume averaging involving the superior left cerebellum that appears to be new from prior exam. There is also a right posterior parietal encephalomalasia. She has been on magnetic therapy since diagnosis. Per her daughter, who is present with her, the patient's mental status has improved. She has no difficulty communicating thoughts or ideas. Her short-term and long-term memory has improved. She denies any balance problems or weakness.

Patrick W. McLaughlin, M.D. Department of Radiation Oncology

### KATHERINE'S FRIGHTENING DILEMMA

Katherine, age 75, is my "Sweety-Pie" of fifty-three years of marriage. She is the mother of three healthy, successful children, and grandmother of six smart and healthy grandchildren. Suddenly, virtually overnight, a mole developed on her forehead from the deep layers of the skin. The mole was black and red combined with a jagged periphery and a very sore base. It grew to 1" across and 1/2 " in height in one week. It had penetrated into the subcutaneous fat with fingers spreading more than 1". What shall we do? Shall we do a biopsy and risk metastatic spread? At age 34, a breast cancer was successfully surgically treated. At age 44, a basal cell carcinoma was successfully surgically treated. At age 71, a skin lesion with the characteristic appearance of a basal cell carcinoma was successfully treated with a negative magnetic field. With intensity born of necessity, we studied the traditional and alternative medical treatment options for a malignant melanoma. Shall we have surgical removal, which would remove half of her forehead down to the bone and require a graft? The rapidly growing mole had suddenly developed on her forehead where no mole had been before. It's appearance was that of a classic nodular malignant melanoma with invasion of the subcutaneous tissue. This gave the evidence of being a very malignant and potentially metastatic lesion. X-ray and chemotherapy reportedly have poor results. Is Dr. Robert O. Becker's observation that a biologically produced negative electromagnetic field governs all healing true? Does this principle of a negative magnetic field governing healing also apply to cancer and not just to cuts, bruises and broken bones? Can we use the negative (southseeking) magnetic pole field of a static field magnet, which is the magnetic field polarity equivalent of the electromagnetic negative field concentrated by the body at injured areas for healing, to control or actually heal cancer? Can we trust the maverick physician, Kenneth Maclean's reports of 40 years ago that he observed cancers controlled in animals and humans by a magnetic field? How much faith can we put in an observation made on myself of a fast growing, multi-colored, sore mole which dried up and peeled off under the influence of a negative magnetic field? This was the dilemma and crisis Katherine and I found ourselves suddenly thrust into. We cried. Our children cried. The decision was for her to enter a research program that had qualified itself for FDA approval with it's appropriate institutional review board and appropriate monitoring of cases being treated with a negative magnetic field. For the first week, she was treated with a neodymium disc magnet which was 1" across and 1/4" thick of 12,300 gauss. She was treated only when asleep at night. The mole continued to grow and the edge became wider and more notched than originally. The magnet was barely the size of the surface of the tumor. A more vigorous time exposure was obviously needed and the magnetic field needed to be larger. The tumor was then exposed to a ceramic disc magnet that was 1-1/2" across and 3/8" thick of 3,950 gauss. She was then treated 24 hours a day. The tumor stopped growing with 24-hour-a-day exposure to a negative (south-seeking) magnetic field. It took one month of 24-hour-a-day treatment before the soreness at the base of the tumor disappeared. After the soreness disappeared, the tumor gradually began to recede and dry up. Ten weeks after daily treatment, the tumor had dried up and skin had grown under the tumor.

### Lessons that were learned during this research:

- 1. A negative magnetic field can reverse a fast growing melanoma with the classic appearance of a malignant melanoma.
- 2. It requires 24-hour-a-day exposure to inhibit the tumor growth in contrast to having observed night treatment only while sleeping for reversal of a basal cell carcinoma in six weeks.

Single cases such as this have provided the inspiration of a mission for me to find out how consistently a negative magnetic field will reverse cancer. Surely, these single cases justify the large scale definitive and expensive studies necessary to find out if indeed a negative magnetic field energy is capable of curing cancer.

We desperately need the definitive studies making it both scientific and ethical to claim that a negative (south-seeking) magnetic field can and does cure cancer. My only claim is that we are abundantly justified in doing definitive research to find out if a negative (south-seeking) magnetic field can indeed cure cancer.

Without promise of a cure, magnetics is worth a try!

# SKIN DISORDERS WARTS SCARS NON-MALIGNANT MOLES MALIGNANT MELANOMA BASAL CELL CARCINOMA

### SQUAMOUS CELL CARCINOMA ORIENTATION:

Small moles may become malignant melanomas. Malignant melanomas usually develop as single lesions on the skin. Injury from the sun is a common cause for the development of malignant melanoma, basal cell carcinoma, or squamous cell carcinoma. Skin cancers are all treated the same way. Many scars will disappear when treated with a negative magnetic field.

### MAGNETS USED:

The size of the lesion determines the size of the magnet used. Available magnets are such as:

Neodymium discs, 1" x 1/8".

Ceramic disc magnets, 1-1/2" x 1/2".

Ceramic mini-block magnets that are 1-7/8" x 7/8" x 3/8".

Plastiform magnets that are 1/8" thick and can be obtained in any size such as 2" x 2", 3" x 3", 4" x 4", 4" x 6" and so forth.

### PLACEMENT AND DURATION:

The magnetic field needs to be larger than the lesion being treated. The duration needs to be two to four weeks for non-malignant moles and twelve weeks or more for malignant melanoma or any cancerous skin lesion. Pre-cancerous skin lesions should be treated like a cancer. Scars are treated like a cancer. Pre-cancerous lesions and basal cell carcinoma are best treated 24-hours-a-day, but 8-hours-a-day during sleep has been observed to suffice. Malignant melanoma and squamous cell is best treated 24-hours-a-day with no more than one or two hours a day without the magnetic

field on the cancerous lesion. A cushion padding such as a corn pad can be placed over raised lesions to avoid pressure on the lesion. Tape the magnet over the lesion using a hypo-allergic tape. The best tape is HY-Tape. It is skin colored and can be purchased at medical supply stores. Magnetic fields can be made stronger by stacking the magnets. This can especially be used to increase the gauss strength of the neodymium discs or plastiform magnets. Place a Band-Aid over the lesion with the magnet on top of the Band-Aid. Hold in place with another Band-Aid or HY tape.

POLARITY:

Always use a negative (south-seeking) magnetic field.

### SUPER MAGNETIC BED OF 70 MAGNETS

Composed of:

Seventy ceramic block static field magnets, 4" x 6" x 1".

A sealed wood frame that places the ceramic block magnets 1" apart. Each wood frame holds 35 magnets. The wood frame comes in two sections for ease of shipping. The wood frames holding the magnets are 36" x 36". Placed end to end, they make a bed 36" x 72".

Cover the bed with a 2" foam pad.

Placement:

Place the wood frames holding the magnets end to end for a single bed. Place on a twin size box spring.

Uses:

- Cancer metastasis
- · Systemic infections
- Detoxification
- · Increased energy
- Autoimmune Disorders
- Degenerative Diseases

**Treatment:** 

Systemic infections are treated for 4-6 weeks. Sleep on the bed grid all night and for four, one hour periods during the day.

Metastatic cancer, systemic infections, immune and autoimmune disorders requires a minimum of 3 months of all night treatment plus one hour, four times a day during the waking period. When not on the bed, local cancerous lesions, inflammation or infections will be treated with suitable magnets which usually are  $4^{\prime\prime}$  x  $6^{\prime\prime}$  x  $1/2^{\prime\prime}$  ceramic block magnets. A  $4^{\prime\prime}$  x  $52^{\prime\prime}$  KOOL MAX body wrap can be used to hold the block magnets in place. It is sometimes preferable to make a garment of non-stretchable material with pockets for the ceramic block magnets that are directly over the cancerous lesions.

This is good for anyone as a life style.

### SUPER MAGNETIC HAT

The super magnetic hat is composed of thirty-four 1" x 1/8" neodymium disc magnets. The manufacturer's rating is 12,300 gauss. Surface gauss strength measured by a gauss meter is 1,250. The gauss reading of the super magnetic hat at center of hat 3" from the top of the hat is 65 gauss. The closer one is to the magnets, the higher the gauss strength.

Weight: 1.06 tbs.

Shipping weigh: 7 lbs.

\*Shipping weight includes plastic head for holding hat in shape, handy storage/carrying case and packaging for shipping.

### USES:

Brain Tumor

Brain disorders such as:

- · Alzheimer's and cerebral arteriosclerosis
- Post-stroke recovery and senility
- · Brain infection
- Emotional Disorders (anxiety, phobias, obsessions-compulsions)

- Major mental disorders (schizophrenia, manic depressive, psychotic depression)
  - · Seizures and movement disorders
  - Autoimmune Diseases

This is worn during the day when ambulatory. At night and during the day, when resting on the bed, the super head unit is used.

### SUPER MAGNETIC HEAD UNIT

Dimensions of the super magnetic head unit:

Length - 19"

Height - 7.5"

Headspace in the unit 9.25" and contains only a negative magnetic field, made of twelve 4" x 6" x 1" ceramic block magnets. Starts at 900 gauss and extends to 150 gauss at the center.

Weight: 59 lbs.

Shipping weight: 65 lbs.

Four 4" x 6" x 1" ceramic block magnets are placed on either side of the head and at the top of the head. The magnets are placed in a wooden carrier. It has a space for the head that is sufficient for either lying on the back or turning from side to side. This unit sets on top of the pillow so the head is on the pillow inside of the space. This is used to sleep at night or rest in during the day.

#### USES:

- Tumors of the brain and cerebral arteriosclerosis
- Cerebral vascular spasm and post-stroke
- · Alzheimer's and Parkinsonism
- · Headache and seizures
- Movement disorders
- Autoimmune diseases
- Emotional disorders (anxiety, phobias, obsessive compulsion)
- Major mental disorders (schizophrenia, manic-depression, psychotic depression)

### **Placement and Duration:**

For brain tumors, infections, autoimmune disorders or multiple sclerosis follow the instructions which have been provided for each condition. For cerebral arteriosclerosis, cerebral vascular spasm, post-stroke or Alzheimer's, sleep with the head in this unit, preferably nine or more hours a day. When resting or napping during the day, the unit should also be used. A good rule of thumb is, the more hours of exposure, the better.

### MAGNETIC BRAIN TUMOR RESEARCH

Essentials of Magnetic Research protocol

- I. Twenty-four hour duration exposure to a negative magnetic field for twelve weeks.
  - II. Observed progression.

Observed progression of tumors during continuous exposure to a negative magnetic field:

- a) stops growing immediately.
- b) edema surrounding tumor recedes quickly, within hours to a week or less.
- c) stops being sore by the fourth week. This indicates that acid is no longer being produced by the tumor.
- d) at 12 weeks, tumor may not be present in some cases, depending on the size of the tumor or it may be one-half the size in larger tumors. In another 3-4 months of nightly treatment, the tumor absorbs and thus is no longer present. The exception to this is a meningioma still present and of the original size without any growth at one year. This was observed to be a fast-growing meningioma before magnetic treatment. Surface lesions (malignant melanomas, skin squamous cell and basal cell) have dried up and fallen off by the third month with new skin having grown under the tumor. No scar is present after healing skin lesions. All skin cancers have healed within the three month period.

- e) it would be a mistake to treat less than twelve weeks. EQUIPMENT:
- I. Magnetic Head Unit: Sleep all night with head in the magnetic head unit and during the waking period a minimum of one hour, four times during the day. The more hours, the better.
- II. Super II Magnetic Hat: Place on head when not in magnetic head unit.

### THE SECRET OF SUCCESSFUL MAGNETIC CANCER REMISSION

By William H. Philpott, M.D.

### SCIENTIFIC PEER-REVIEWED DOCUMENTATION

A static magnetic field is an energy field by virtue of the movement of electrons. AHARONOV, Y. and BOHN, D. "Significance of Electromagnetic Potentials in Quantum Theory." *The Physical Revision*. 115, 485. (1959).

It is an accepted fact that a negative magnetic field spins electrons counter clockwise and a positive magnetic field spins electrons clockwise.

A gauss meter, magnetometer or compass identify the positive (+) and negative (-) magnetic fields of the earth's magnetic fields and also of a static field magnet.

A positive (north-seeking) static magnetic field blocks melatonin production by the pineal gland and the negative (south-seeking) magnetic field stimulates production of melatonin by the pineal gland. SEMM, P, SCHNEIDER, T & VOLLRATH, L. "The Effects of an Earth Strength Magnetic Field on the Electrical Activity of Pineal Cells". *Nature*, 1980; 288: 607-608.

Cancer cells ATP production by transferase enzymes is acidhypoxic dependent. WARBURG, O., "On the Origin of Cancer Cells." *Science* 123 (1956) 309-315.

Cancer results from a disorder of cell proliferation regulators such as occurs in hypoxia and oxidoreductase enzyme inhibition. SZENT-Gyorgyi, ALBERT. *Electronic Biology and Cancer. A New Theory of Cancer.* 1976. Marcel Dekker, Inc. NY, NY 10016

Lack of oxygen induces a malignant transformation in cell culture. GOLDBLATT, H., and CAMERON, G. (1953), *J. Exp. Med.*, 97:525-552; GOLDBLATT, H., FRIEDMAN, L., and CECHNER, R.L. (1973), *Biochem. Med.*, 7:241-252

There is published peer reviewed evidence that a static magnetic field inhibits cancer proliferative replication.

Six prior studies have shown that a brief static magnetic field exposure resulted in reduction of cancer cell proliferation growth. Nine prior brief static magnetic field studies revealed no effect on cancer cell proliferation growth. This study was designed to determine if a strong static magnetic field with a prolonged exposure would result in cancer cell proliferation growth. Three malignant cell lines; melanoma, ovarian cancer and lymphoma were exposed to a seven tesla uniform static magnetic field for 64 hours. Conclusion: "We have determined that extended exposure to a strong static magnetic field retards the growth of three human tumor cell lines. Further investigations of this phenomena may have a significant impact on the future understanding and treatment of cancer." In this study, the cell culture plate was placed iso-center in the static magnetic field. This study was not intended to isolate separate responses to separate positive and negative magnetic fields, however, the placement of the culture in the iso-center of the static magnetic field exposed one-half of the culture to the negative magnetic field and one-half of the culture to the positive magnetic field. RAYLMAN, RAYMOND R., CLAVO, ANAIRA C., WAHL, RI-CHARD L. Bioelectromagnetics 17:358-363. Wiley-Liss, Inc. 1996.

The positive magnetic field encourages cancer growth. The negative magnetic field inhibits cancer growth. TRAPPIER, ARTHUR, et al. "Evaluating Perspectives on the Exposure Risks

from Magnetic Fields", Journal of the National Medical Association, 82:9, September 1990.

### NON-PEER REVIEWED OBSERVATIONS CONFIRMING PEER REVIEWED DOCUMENTATIONS

The biological response to a static positive magnetic field is acid-hypoxia. The biological response to a negative magnetic field is alkaline-hyperoxia. Cancer implanted on the skin dies in response to a static negative magnetic field. DAVIS, A.R. and RAWLS, W. *The Magnetic Blueprint of Life*. Acres USA, Kansas City, MO, 1979.

Confirmation of Davis' work by W.H. Philpott, M.D., PHILPOTT, W.H., M.D. and KALITA, Dwight, Ph.D., *Magnet Therapy*. (Tiburon, CA: Alternative Medicine. cam, 2000); PHILPOTT, W.H., M.D. *Cancer. The Magnetic/Oxygen Answer.* 2001 edition. Published ,by W.H. Philpott. 17171 S.E. 29th Street, Choctaw, OK 73020.

A positive magnetic field is the signal present in response to injury . A negative magnetic field is present during healing. BECKER, ROBERT O. and SELDON, G. *The Body Electric. Electromagnetism and the Foundation of Life*. William Morrow and Company. NY. 1986.

#### DISCUSSION

The documentation that a static positive magnetic field free energy is a human biological stressor, disorganizer and thus, the signal of injury and that a static negative magnetic field free energy is a human biological anti-stressor, organizer-regulator and thus the signal present during biological normalization and healing is one of the great documented discoveries of the 20th century.

Starting in the 1930's and spanning a period of over 50 years, Albert Roy Davis documented the acid-hypoxia biological response to a static positive magnetic field and the alkaline-hyperoxia response to a static negative magnetic field. He documented cancer remission to a negative magnetic field application.

In 1982, Robert O. Becker documented that a static positive magnetic field is the signal of injury and a static negative magnetic field is present during healing. BECKER, ROBERT O. and SELDON, G. *The Body Electric. Electromagnetism and the Foundation of Life.*"William Morrow and Company. NY. 1986.

In the 1930's, Otto Warburg documented the acid-hypoxia fermentation transferase enzyme function as the energy drive of cancer for which he won a Nobel prize.

In 1996, Raymond Raylman documented that a strong, prolonged magnetic field killed cancer.

Arthur Trappier, in 1990, documented that it is the negative magnetic field that kills cancer.

Albert Szent-Gyorgi documented that oxygen as an electron receiver and oxidoreductase enzymes moving electrons was necessary to kill cancer. He knew that an energy was needed but in 1970 did not know that a negative magnetic field is the energizer. We now know the answer for which he was seeking is alkaline-hyperoxia plus a negative magnetic field energizer controlling human cell proliferation.

In 1953, H. Goldblatt documented that lack of oxygen induces a malignant transformation in cell culture.

In 1972, W. Joklik observed "Among the goals that should be within reach in the foreseeable future are an understanding of the fundamental control mechanisms that operate in both normal and abnormal cell differentiation, including cancer. JOKLIK, WOLFGANG K., D. Phil. *Zinsser Microbiology*. 20th edition. Appleton & Lange, Norwalk, CT. 1992. We now have achieved the goal Joklik was seeking. It is negative magnetic field free energy regulating cell proliferation and thus regulating growth and healing and also control over invading microorganisms and cancer.

### CONCLUSION

Magnetic therapy of cancer replaces the acid-hypoxia-dependent transferase enzyme catalysis (fermentation) producing ATP with alkaline-hyperoxia oxidoreductase enzyme catalysis (oxidation reduction) of producing ATP. Cancer cells are thus robbed of their ability to produce ATP by fermentation. Cancer cells die because they cannot produce ATP in an alkaline-hyperoxia medium.

Acid-hypoxia is the central causal factor in degenerative diseases in general and cancer development in particular.

The initiating causes of acid-hypoxia are many, such as, immunologic reactions, addictive reactions, toxic reactions, physical injury, local or systemic stress, prolonged emotional stress, nutritional deficiencies and so forth.

Cancer cells die in the presence of a continuous static negative magnetic field. Both peer reviewed publications and non-peer reviewed publications confirm the death of cancer cells from a static negative magnetic field of sufficient gauss strength and sufficient prolonged duration. A static negative magnetic field is the breath of life for human cells and the kiss of death for invading microorganisms and cancer cells. Definitive negative magnetic field therapy for the treatment of cancer is justified and recommended by both peer reviewed and non-peer reviewed evidence.

## IT IS AN ESTABLISHED SCIENTIFIC FACT THAT A PROLONGED SUSTAINED STATIC NEGATIVE MAGNETIC FIELD PRODUCES CANCER CELL REMISSION.

HORSE AND BUGGY ENERGY MEDICINE VERSUS

### ELECTROMAGNETIC FREE ENERGY MEDICINE

The invention of the wheel was a great invention in its day. Mankind now had wheel barrels and scooters. Harnessing the energy of a horse to a wagon was another great invention which served mankind well for thousands of years. It is true that our grandparents moved west by horse and buggy. Two generations later, we fly all over the world. Transportation has advanced from an original wonderful achievement to a new marvelous achievement.

This marvelous achievement of the electromagnetic industrial age has occurred because of the achievement of harnessing the movement of electrons. We no longer just wonder at the electromagnetic energy of lightning, tornados, cyclones and anti-cyclones which, in the northern hemisphere spin counter-clockwise and in the southern hemisphere spin clockwise. Mankind has learned to harness the energy of movement of electrons. We make magnets with the flow of electrons and we give direction to the flow of electrons with magnets. We have learned to trust the predictableness of the movement of electrons with magnetic fields. We live in a virtual sea of electrons in the space around us as well as the space within us. Mankind is an electromagnetic organism. The magnetic movement of free energy electrons within us is an integral aspect of biological life energy. Human life does not exist apart from magnetism. Have we missed something in medicine that the electromagnetic industry has captured? Yes, we have! We have failed to capture the free magnetic energy available to us. The same degree of predictableness exists in biological systems exposed to magnetic fields as it does in electric non-biological systems.

Therapeutic medicine is barely entering the threshold of free magnetic energy use. We nourish our bodies but we still wait for some mysterious life energy to spontaneously heal us. Magnetic therapy can change the speed of healing from the horse and buggy level to an equivalent level of flying. The movement of electrons between enzymes and substrates produces a magnetic field which attaches the enzyme and the substrate. With the magnetic energy medicine, electrons are magnetically harnessed to move between enzymes and substrates. The secret of magnetic therapy is that this free magnetic energy can be supplied from a static field magnet

providing the energy activation of the enzymes so that a catalytic reaction occurs. A static negative magnetic field alkalinizes and energizes, such as the alkaline-dependent oxidoreductase enzymes family of enzymes. These oxidoreductase enzymes are responsible for producing some of life's energy (ATP and catalytic remnant magnetism) as well as processing inflammatory toxic substances that threaten life energy. A positive magnetic field energy blocks these enzymes from functioning. The essence of magnetic therapy is the predictable movement of free energy field static electrons by a free energy static magnetic field in a biological system producing predictable biological responses.

Magnetic therapy is at this threshold of moving therapeutic medicine from the horse and buggy low level efficiency, slow speed energy function into a high efficiency speed energy function equivalent to flying and computer efficiency functions.

TREATMENT OF LOCAL NON-METASTATIC CANCER LESIONS MAGNETIC TREATMENT OF LOCAL CANCER

The most likely single, non-metastatic lesions are such as brain cancer, bronchiogenic lung cancer, liver cancer secondary to a chronic viral infection, bowel cancer, ovarian cancer, bone sarcoma, pancreatic cancer, prostate cancer and melanoma. It must always be considered that any of these single lesions can and frequently do metastasize. Liver cancer is more frequently metastatic from some other primary source. Cancer of the breast usually metastasizes even if you can't initially find the metastatic lesions. They may show up even years later. Therefore, breast cancer should always be treated as metastatic and should have the systemic magnetic treatment.

Single, non-metastatic lesions are treated with magnets of suitable size and strength for each type of cancer. For small lesions, the 1" x 1/8" neodymium disc magnet in which two of these are stacked, are used. The 1-1/2" x 1/2" disc magnets can be used for lesions that are more than 1" across. Skin lesions such as melanomas, basal cell and squamous cell skin lesions are usually treatable with these magnets. Plastiform magnet material is available and can be cut in any size such as 2" x 3" x 1/8", 4" x 4" x 1/8" or 4" x 6" x 1/8". At least two of these 1/8" thick magnets are stacked for treating a superficial skin lesion or a lesion within 2" of the skin surface. A 4" x 6" x 1/2" magnet is the most usable magnet for such as bronchiogenic lung cancer, liver cancer, pancreatic cancer, prostate cancer, or bone sarcoma. It is most likely that ovarian cancer or bowel cancer will have been resected before treatment begins. Treat right over the area of surgery with a 4" x 6" x 1/2" magnet. The rule is that the lesion must be kept under the influence of a negative magnetic field for as near to 24 hours a day as possible for at least a minimum of the first three months. For skin lesions, the magnets can be taped to the skin. For internal lesions, use a 4" x 52" body wrap to hold the magnet in place. It is wise to make a garment with pockets in it which supports the weight from the shoulders. The pocket is to be right over the lesion with a 4" x 6" x 1/2" magnet placed in the pocket.

The negative magnetic field must always be used for a cancer lesion. The positive magnetic field would make the cancer grow. A negative magnetic field of sufficient strength and duration will routinely kill cancer.

### METASTATIC CANCER

### ORIENTATION:

This magnetic research protocol is for any type or degree of metastatic cancer. Every metastatic cancer patient needs a physician to monitor their condition (see the section on Complimentary Treatments Associated with Magnet Therapy). Magnet therapy all by itself will kill cancer. Complimentary therapies are valuable and in certain circumstances such as a life-threatening metastatic cancer, intravenous vitamin C should be used along with magnetic therapy. Metastatic cancer requires a systemic treatment which is provided by the

70-magnet bed and the super magnetic head unit. Also, the local areas need to be also treated with a negative magnetic field beyond that of the general treatment provided by the 70-magnet bed.

#### MAGNETS USED:

Super magnetic bed composed of seventy 4" x 6" x 1" magnets. Thirty-five of these are placed in a wooden carrier 36" square. Two of these wooden carriers are placed end to end providing a bed 36" x 72" weighing 400 pounds. Over this place a 2" foam pad.

A 2" thick memory foam pad or other suitable pad or futon for a single sized bed.

Super magnetic head unit composed of twelve 4" x 6" x 1" magnets in a wooden frame with a place for the head surrounded by these magnets.

Suspension magnetic unit. This can be either four 4"  $\times$  6"  $\times$  1" magnets or six 4"  $\times$  6"  $\times$  1" magnets depending on the area that needs to be covered. This is used when there is a seeding of cancer throughout the abdomen. It is also used on the lungs where there is a seeding of multiple lesions throughout the lungs.

Two 4" x 6" x 1/2" ceramic block magnets with Velcro on the positive pole side. Two is the minimum that is needed because this is used pre-meal to treat the heart and the liver. Also, there should be other ceramic block magnets available to treat local areas when appropriate such as a single lesion in the bronchi or a single lesion such as a sarcoma in a bone or metastatic liver, gall bladder or pancreatic cancer.

Two or more of the 4" x 52" body wraps which are used to hold the magnets in place. Two 1 1/2" x 1/2" ceramic disc magnets with Velcro on the positive pole side. One 2" x 26" band.

### INFORMATION NEEDED:

Magnet Therapy book

Cancer. The Magnetic Oxygen Answer quarterly

Metabolic Syndrome quarterly

pH Factor quarterly

### PLACEMENT AND DURATION:

The suspension unit is used in special cases such as the seeding of cancer throughout the abdomen or multiple lung lesions.

A super magnetic bed is used in all metastatic cancer cases. This will treat every cell in the body. The cell makes its own ATP. This raises the energy of the body to fight the cancer.

The super magnetic head unit is routinely used to accompany the super magnetic bed. The super magnetic head unit treats the pineal gland to raise melatonin which itself is anticancerous.

It is recommended that avoidance of substances to which the subject is demonstrated to be reacting to should be avoided. The most frequent substances to which people react to are to foods. The reactions could be in the nature of addictions, allergies and toxicities. A food rotation does much to avoid these reactions. A seven day rotation is recommended. Even though cancer can be successfully treated without rotation, it is still best to rotate the foods so that the acidity reactions that occur due to these reactions is avoided. This acidic reaction can be handled by treating magnetically ahead of meals of foods. This places the disc magnets bitemporally, a 4" x 6" x 1/2" magnet over the heart and one over the liver for approximately 30 minutes ahead of a meal and preferably even kept on during the meal. However, there can be reactions so severe that they would override this magnetic protection. When that happens, these foods should be left out of the diet for a period of three months before they are reintroduced into the rotation diet.

### HOW TO USE THE FOUR DAY OR SEVEN DAY DIVERSIFIED ROTATION DIET

The essence of the Diversified Rotation Diet is that foods are rotated on a four or seven day basis, thus preventing their maladaptive reactions, be these allergies or addictions. Also, this rotation diet

will correct hypoglycemia and non-insulin dependent diabetes mellitus

One method is to avoid food eaten twice a week or more for a period of three months, rotating all other foods. At the end of three months, then place these frequently used foods back into the diet, rotated once in four or seven days. This method is outlined in my *Metabolic Syndrome* quarterly and also in my book, *Magnet Therapy*.

Another method that is preferred by some is to start rotating all foods, even those that are eaten frequently. This can be achieved if the subjects will treat themselves to magnets for 15-30 minutes ahead of the meal. To achieve this, place the ceramic disc magnets bitemporally, that is in the front of the ears at the level of the top of the ears. These are held in place with a 2" x 26" band. The discs are ceramic discs that are 1-1/2" x 1/2". The negative magnetic field is always placed toward the body. On the positive magnetic field side, there is hook Velcro that will hook to the band around the head and hold these in place. At the same time, place a 4" x 6" x 1/2" magnet on the heart with the 6" lengthwise the body. Hold this in place with a 4" x 52" body wrap. Also, place a 4" x 6" x 1/2" magnet with the 6" lengthwise the body over the liver area which is on the right side of the body with half of the magnet over the rib cage and half below the rib cage. Hold this in place with a 4" x 52" body wrap. The minimum time of exposure should be 15 to 30 minutes or more before each meal. With this method, there is no avoidance period of the commonly used foods.

After three months of rotation, there is little likelihood of a maladaptive reaction to a food without the magnets before the meal. Whenever purposely violating the rotation diet such as eating out , then use the magnets ahead of a meal.

The 4-day diversified rotation diet is in the quarterly, *The Ultimate Non-Addiction, Non-Stress Diet.* The 7-day rotation diet is in the quarterly, *Metabolic Syndrome.* 

### NEGATIVE ION HOUSEHOLD AIR TREATMENT

The biological response to negative ions and negative magnetic fields are the same. The biological response to negative ions and a negative magnetic field is alkaline-hyperoxia. Alkaline-hyperoxia is anti-inflammatory, anti-stress, antibiotic, energizing and aids in healing. Negative air ions plus a small amount of ozone in the air cleans the air from dust, microorganisms, pollen, smoke, chemicals, odors and so forth. Negative ions in the air clean up the environment whereas a negative magnetic field is used on the body to achieve the same values inside the body. Thus, negative air ions, negative water ions and a negative magnetic field are complementary and should be used together to achieve optimum results.

### AIR NEGATIVE ION GENERATORS

### LIVING AIR CLASSIC

Covers up to 3,000 square feet. Useful for living room size areas.

### **ECOHELP**

LIVING AIR CLASSIC with air filter. Especially useful for respiratory disorders.

### LIVING BREEZE

Covers 1,200 square feet. Useful for small rooms such as bedrooms.

Air negative ions are absorbed through the mucus membrane of the nasopharynx and lungs as well as the skin. Water negative ions from electronic produced negative ion - micro water and naturally occurring negative ion water such as Nariwa water are absorbed through the mucus membrane of the gastrointestinal tract. Colloidal silver antibiotic negative ions are absorbed through the mucus membrane of the mouth and gastrointestinal tract.

### ALKALINE MICRO NEGATIVE ION WATER:

Alkaline micro negative ion water helps materially to main-

tain the body's normal alkaline state. Also, being micro water, it enters into the cells of the body more readily than the usual water. This also carries negative ions as well as being alkaline. The AKAI Electrolysis Instrument is used for producing the alkaline micro negative ion water. At least five glasses of this water should be used each day.

#### NARIWA WATER:

Nariwa water is a negative ion water from Japan's magnetic mountain. This comes in a bottle containing 500 cc. A minimum of one of these bottles should be used a day and preferably, two. The total amount of water used during a day should be a minimum of eight glasses of water and preferably as much as a total of ten glasses of fluid intake.

#### COLLOIDAL SILVER THERAPY:

Magnetic therapy does not require colloidal silver to be effective. However, colloidal silver are negative ions and also the silver itself is antibiotic.

Colloidal silver is made by an electrolysis method that produces a particle size of 0.0001 micron. These small silver particles are charged to a negative magnetic field by the electrolysis method. This solution of colloidal silver is placed in the mouth, especially under the tongue for absorption. This provides quick absorption into the blood stream. These fine silver particles go throughout the entire body. The negative magnetic field magnetically attaches to microorganisms, parasites and cancer cells which are positive magnetic poled. Silver, in its own right beyond that of the negative magnetic field, inhibits the replication of these cells. The small silver particles do not interfere in any way with human cell function. It is recommended to use 40 parts per million starting for the first week with 1/2 teaspoon four times a day and followed for the next three months with 1 teaspoon four times a day. In the case of acute infections, two weeks of treatment of 1 teaspoon four times a day usually suffices. There is also an aloe vera silver salve which can treat local skin infections.

### POLARITY

Always use a negative magnetic field facing the body.

### RESEARCH CONSIDERATIONS:

I request a report from the research subject and from the monitoring physician a minimum of three times a year.

### **BEYOND MAGNETISM:**

Acute maladaptive reactions to foods, chemicals, inhalants or stress frequency pulsing fields has been documented as producing a brief state of acid-hypoxia. In this state, there is a production of acid and a failure to process properly the end-products of oxidation phosphorylation metabolism. In this state of acidosis, oxygen content is reduced. Maladaptive reactions to foods are the most frequent cause of bouts of acidosis. Degenerative diseases are noted for their acid-hypoxic state. Therefore, every effort should be made to maintain a normal alkaline and normal oxygen state.

A majority of people are maladaptively reacting in one or more ways to foods, thus producing bouts of acidosis and reduced oxygen. It is the better part of wisdom to follow a 4-Day or 7-Day Diversified Rotation Diet. This program leaves out foods that are used as frequently as twice a week or more for a period of three months. This is based on the assumption that these foods are being reacted to in some maladaptive way. It is the frequency of the use that produces the maladaptive reactions. A 4-Day or 7-Day Diversified Rotation Diet is set up to leave out these frequently used foods. After three months, these frequently used foods can be returned to the diet, usually without any symptoms being produced.

All addictive substances should be abandoned such as addictive drugs, alcohol, tobacco and caffeine (coffee, tea with caffeine, chocolate, and soft drinks containing caffeine). Addiction is acidifying.

Carbonated soft drinks are acid and should be rarely used. Soft

drinks are sweetened with corn sugar and if and when used should be limited to the corn rotation day.

There is a valuable method of electrolysis which provides an alkaline micro negative ionized water that has an alkaline pH. There is a home electrolysis unit (AKAI instrument) that provides this alkaline micro water. It is recommended that five glasses of this alkaline micro water be used a day.

Nariwa water is a naturally negative ionized water from Japan's magnetic mountain and is the optimum alkaline micro water available. This comes in a bottle containing 500 cc. A minimum of one of these bottles should be used a day and preferably, two. The total amount of water used during a day should be a minimum of eight glasses of water and preferably as much as a total of ten glasses of fluid intake.

A copy is provided for the subject undergoing magnetic therapy and a copy for the monitoring physician.

### COMPLEMENTARY TREATMENTS ASSOCIATED WITH MAGNET THERAPY NUTRITIONAL STATUS

Cancer will die in the presence of a negative magnetic field irrespective of the nutritional state of the patient. Single skin lesions such as melanoma, basal cell or squamous cell are easily treated without concern of the subject's nutritional state. It is recommended that every subject receiving magnet therapy in general and particularly for cancer, be under the care of a physician or nutritionist responsible for the nutritional state of the patient. A laboratory evaluation of the nutritional state of the patient is ideal. Since my focus is the use of the magnets and within this narrow focus the availability of lab work in terms of the nutritional state of the patient is not available. Therefore, it is recommended that everyone be under the care of a physician and that especially their nutritional state be considered.

### VITAMIN C

Vitamin C is of special concern in cases of metastasis especially as when the abdominal cavity has been seeded with metastatic cancer from such as endometriosis, bowel cancer, ovarian cancer and so forth. There always remains the threat that the cancer may cause bowel obstruction. Multiple lung lesions are of special concern in which the respiration can be interfered with. Brain cancer that is causing hydrocephalus is also of concern. In these precarious cases, it is advised that vitamin C be given in substantial doses such as 50 grams, three or more times a week for the first 6 weeks. Vitamin C intravenously can very rapidly prevent the cancer from growing and reduce the size of the cancer and the edema around the cancer. I have had considerable experience in using intravenous vitamin C. I find that it can quickly put a lid on the cancer however, in spite of the cancer remission, the intravenous vitamin C has to be continued every 2-4 weeks. Otherwise, the cancer returns. Oral vitamin C does not adequately place cancer in remission. Even bowel tolerated doses does not produce cancer remission. However, intravenous vitamin C does produce cancer remission but intravenous vitamin C has to be periodically continued in order to control the cancer. In these precarious life-threatening cases, it is well to start the intravenous vitamin C at the same time that you start magnet therapy. Vitamin C places the cancer in remission and the magnet therapy comes in for the kill of the cancer.

### HYDRATION

Adequate hydration is very important and is an absolute necessity. Adequate hydration will help stop the pain. Hydration is necessary for magnet therapy and conduction therapy to work. It is not just water that is necessary but is also minerals in the water. There are available in health food stores, special waters that come from volcanic sources such as springs at the base of volcanic mountains or water from hot springs volcanic sources. These contain minerals that are negative ions. The water is also alkaline and micronized so that it has an increased value in hydration. The special water that I recommend is Nariwa water which comes from a spring at the base

of a volcanic mountain in Japan. This is a micronized negative ion alkaline water. It should be understood that caffeine such as in coffee and cola drinks is a diuretic and that the fluid used in these drinks cannot be used as the fluid intake because the diuresis flushes more water out of the body than is being taken in with the drinks. Therefore, the hydration has to come from other fluid sources. Ideal are the mineral waters from these volcanic sources. Eight glasses of water should be used as a minimum. It is recommended that caffeine beverages not be used due to their dehydrating affect. Five or more glasses of this mineral water should be used daily. The total fluid intake should be 8-10 glasses a day. A subject should keep a record of the amount of water he is drinking in order to be sure he is are being properly hydrated.

### SPECIFIC MINERAL NUTRIENTS

There are specific minerals that help maintain the adequate continuous alkalinity. They are such as cesium, lithium and vanadium. These are being used with a reasonable degree of success in treating cancer. There is an added value in using these minerals along with magnet therapy and conduction therapy.

#### **CHEMOTHERAPY**

Negative magnetic field is a natural energy for the body and is compatible to be used with chemotherapy.

### RADIATION THERAPY

Radiation therapy is compatible with magnetic therapy and in fact, magnetic therapy will help to alleviate the damage that radiation therapy does.

### FINAL WORD

Human biology is electromagnetic. Magnetism is the energy of biological life and as such can predictably influence metabolism by an exogenous static magnetic field. There are two magnetic energies. Positive magnetic field energy controls wakefulness, mental and physical activity and when chronically maintained is stressful, producing unprocessed free radicals which can then produce peroxides, acids, alcohols and aldehydes, the state of which encourages the growth of invading microorganisms and cancer. Negative magnetic field energy controls rest, relaxation, sleep, cell replication, tissue healing and repair, is anti-stressful, antibiotic and anti-cancerous. The biological response to a positive magnetic field is acid-hypoxia. The biological response to a static negative magnetic field is alkaline-hyperoxia which is necessary for human metabolism. Microorganisms (viruses, bacteria, fungi and parasites) that invade the human body produce and need to maintain acid-hypoxia. Cancer, like invading microorganisms, produces and needs acid-hypoxia. The human organism can defeat invading microorganisms and cancer to the extent that it can maintain a constant high level of alkaline-hyperoxia. An exogenous source of static negative magnetic field can, with its alkaline-hyperoxia, support human physiology capacity to destroy invading microorganisms and cancer.

### WHAT CAUSES CANCER?

I Cancer is caused by acid-hypoxia. Cancer growth requires an acid-hypoxia medium. There are many environmental carcinogenic substances. Maladaptive reactions to foods is a common cause of acid-hypoxia. These maladaptive reactions to foods are in the nature of addictions, allergies and toxicities.

### II What is the treatment for cancer?

The carcinogenic state of acid-hypoxia can be changed to alkaline-hyperoxia with the application of a negative magnetic field. Local cancer that has not metastasized can be treated with the negative magnetic field of a suitable size and suitable strength magnet. For skin lesions such as melanoma, basal cell and squamous cell cancers, the magnets used are a neodymium disc of 1" x 1/8". Two of these are stacked together. Or use a ceramic disc of 1-1/2" x 1/2" or for larger skin lesion, ceramic magnets of sufficient size to cover the lesion.

The treatment is 24 hours a day for a minimum period of three months. For metastatic lesions, the local treatment is also used plus a systemic treatment of a 70-magnet bed. These magnets are 4" x 6" x 1". It takes seventy of these to make a single sized bed. The minimum treatment is three months of near continuous exposure. The subject sleeps all night on this bed and one hour, four times during the waking period. Some, in a very serious state, sleep on the bed all the time and get up for one hour at a time, three or four times a day.

III Ancillary treatment for general health.

- 1. Intravenous vitamin C. This is particularly useful for serious cases, to put a lid on the cancer growth and follow this with the magnet and at the same time, use the negative magnetic field to kill the cancer.
- 2. Nutrition should be optimized under the supervision of a physician.
- 3. Negative ion treatment: The home air can be treated producing a negative ion field with the negative ion generator.
- Negative ion water: Alkaline-negative ion water can be obtained from springs at the base of a volcano or a volcanic water source such as from a volcanic hot springs.

THE GOOD NEWS IS THAT AN EXOGENOUS STATIC NEGATIVE MAGNETIC FIELD OF SUFFICIENT GAUSS STRENGTH AND SUFFICIENT DURATION SUPPORTS THE HUMAN BIOLOGY'S NATURAL NEGATIVE MAGNETIC FIELD, EFFECTIVELY AND NONTOXICALLY, KILLING CANCER

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